

# This Shabbat – 27 Tishri 5777

## Erev Shabbat

### 18:30 Kabbalat Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh.

## Shabbat Morning

### Torah Reading: Shabbat Bereshit

	Genesis 3:1-21
Soncino	p10
Plaut (old)	p35
Plaut (new)	p24

### 10:30 Classical Shabbat Morning Service

*in the Beit Tefillah*

Led by Rabbi Josh.

The Torah will be read by Ethan Kessel.

The Haftarah (Isaiah 61:1-11) will be read by David Baker.

The sermon will be given by Rabbi Dr Michael Marmur.

There is an area for children in the Kindergarten, where you will find toys and arts and craft materials, to which the service from the Beit Tefillah will also be live streamed. We ask that children are supervised at all times.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

When we want to show appreciation during a service, it is traditional not to applaud but to shout '*yasher koach*' or '*sh'koach*', which means 'strength to you.' We ask that you please refrain from applauding, but join in this greeting.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

## Sunday 30 October

### 14:00 - 16:00 Monthly Drop-In for Recent Refugees

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (with the support of the Pears Foundation). To volunteer please contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk).

## Tuesday 1 November

### 20:00 - 22:00 Alyth Council Meeting

If you would like to attend please email Noeleen Cohen at [chair@alyth.org.uk](mailto:chair@alyth.org.uk).

## Wednesday 2 November

### 20:00 - 21:45 Judaism - The Essentials: Short Course on Jewish Texts

Essentials is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. Taught by Rabbi Josh and Jon Epstein.

This week, we the start the module with an introductory session on Jewish texts, 'The Bible – What's in it?' Contact [josh@alyth.org.uk](mailto:josh@alyth.org.uk) for more information.

Future sessions are: Torah: Authorship, authority and how is it is used (9 November), Nach: what's in it and how is it used? (16 November), Rabbinic Literature 1: Halachah (23 November), Rabbinic Literature 2: Aggadah (30 November) and What happens after the Talmud (7 December).

## Thursday 3 November

### 20:00 - 21:30 Rosh Chodesh Women's Group: The Life and Legacy of Rabbi Regina Jonas

Our monthly celebration of the new moon in which women gather for sharing, learning and discussions. This month's session will be led by Rabbi Debbie Young-Somers and we will learn about the first female rabbi who died in 1944. Please contact Jackie Goymour at [honeyhill@btinternet.com](mailto:honeyhill@btinternet.com) to let her know if you would like to come for seating numbers.

## Friday 4 November

### 16:15 - 16:45 The Shabbat Den

Our Shabbat experience for pre-schoolers and their families. Join us for songs, stories and to meet new friends in Alyth's Shabbat Den.

### 17:15 - 18:15 Israel Conversation: Mahapach-Taghir

For nearly twenty years Mahapach-Taghir has worked to empower Jewish, Muslim and Christian Arab women and young people in Israel to work together for social change and better education for all. Sarit Larry, Executive Director, will introduce us to their heart-warming but challenging work. After this conversation she will be giving the D'var Torah in our Kabbalat Shabbat service. Sarit is in London to receive a human rights award on behalf of Mahapach-Taghir from the New Israel Fund.

### 18:30 Kabbalat Shabbat Service

Led by Rabbi Mark. The D'var Torah will be given by Sarit Larry.

## Saturday 5 November

### 10:30 Classical Shabbat Morning Service

Led by Rabbi Mark. Includes the Bar Mitzvah of Adam Fobel.

## Tuesday 8 November

### 19:30 - 22:00 Alyth Film Club: Nowhere in Africa

Successful Jewish lawyer Walter Redlich leaves Berlin in the 1930s and relocates to a farm in Kenya. His family choose to remain and just manage to escape and join him. They find it difficult to adapt. The British intern them when Hitler invades Africa and they are separated until 1945. Then they have to decide: remain in Kenya or return to Berlin? This film won an Oscar in 2003 for Best Foreign Language Film (in German with English subtitles). Contact [colin@alyth.org.uk](mailto:colin@alyth.org.uk).

# Regular Activities This Week

The following activities are still taking place throughout half term. For more information about any of our activities please go to [www.alyth.org.uk](http://www.alyth.org.uk).

## Saturday

- Synagogue Choir Rehearsal (9:15 – 10:15)

## Sunday

- Sunday Shacharit (9:00 – 10:00)

## Monday

- Senior Club (14:00 – 16:00) Roy Blass entertains

- Monday Club (19:30 – 21:30)

## Tuesday

- Alyth Choral Society (20:00 – 22:00)

## Wednesday

- Hebrew Reading from Scratch (19:00 – 20:00)

- Judaism the Essentials (20:00 – 21:30)

- Jewish Mindfulness Meditation (20:00 – 21:00)

## Thursday

- Mellow Yoga (11:00 – 12:00)

- Talmud Class (13:00 – 14:15)

- Bridge (14:00 – 16:30)

## Sunday

- Sunday Shacharit (9:00 – 10:00)

- Sunday Morning Galim (10:00 – 12:45)

- Alyth Academy of Performing Arts (18:00 – 21:00)

- Sunday Bridge (19:00 – 21:30)

# Save the date

## Alyth's Annual Supper Quiz

### Sunday 13 November, 19:30-22:30

Don't miss out on this enormously popular event. To purchase your ticket please contact [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) or 020 8457 8784. If you would like to join the team who helps organise this event or if you have access to suitable auction or raffle prizes please contact [sarah@alyth.org.uk](mailto:sarah@alyth.org.uk).

## Progressive Rabbinic Decision Making

### Tuesdays 15, 22 and 29 November, 20:00-21:30

As part of the MA in Applied Rabbinic Theology, fourth year Rabbinic Students at Leo Baeck College spend a term studying "Progressive Rabbinic Decision Making" with Rabbi Josh. How do Progressive Rabbis make decisions about their practice, and guide the practice in their communities? In these three sessions, join Rabbi Josh as he introduces some of the theoretical underpinnings of our decision making, and we look at examples of how it works in practice.

Please register for this short course with [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) or 020 8457 8784.

## Mitzvah Day

### Sunday 27 November

Give just your time and energy to make our world a better place. As well as a range of children's activities why not participate in our annual Cook-In for needy recipients including Homeless Action in Barnet and our own Refugee Drop-In? It's always fun, inclusive and welcoming. If cooking's not your thing, then how about reading to children in our intergenerational reading and book-swap session in the morning, run in conjunction with PJ Library.

We are also collecting:

- Foreign currency for Jami, a Jewish mental health charity;

- NEW toys or unused stationary for Camp Simcha.

Email [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) to let her know that you will be volunteering.

## Community News: 28 - 29 October 2016

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Ethan Kessel** and his family on the occasion of him becoming Bar Mitzvah and reading Torah with his community for the first time.

### On this Shabbat we join our thoughts with those who are mourning the death of:

**Michael Noel Millstone**, husband of Sonyah Millstone, brother of Rose Sharpstone and Lawrence Millstone, father of Yvette Levett and Howard Millstone.

### We wish good memories to those marking the anniversary of the death of a loved one:

**Gerda Adler**, mother of Renate Selo

**Lionel Baker**, husband of Frances Baker, father of David Baker

**Louis Bloch**, father of Cyril Bloch

**Mary Cohen**, mother of Pauline Liss

**Louis Curtis**, brother of Frank Curtis

**John Dudley**, husband of Jill Dudley, father of Annabelle Daiches

**Laszlo Easton**, husband of Katinka Easton

**Lotka Ferster**, mother of Alexi Marmot

**Felix Grayeff**, father of Leonie Breeds

**Marianne Natalie Grayeff**, mother of Leonie Breeds

**Wendy Greengross Kates**, aunt of Susi Coben

**Gloria Guiloff**, sister of Roberto Guiloff

**Susi Horwitz**, mother of Cheryl Brodie

**Lesley Levy**, wife of Anthony Levy, mother of Nicholas Levy and Katie Levy, sister of Michael Levene

**Naomi Liss**, mother of Barrie Liss

**Rosa Manzur**, grandmother of Aviva Wiser

**Henry Mayer**, husband of Eva Mayer

**Gwendoline Peterman**, mother of Jonathan Peterman, Neil Peterman and David Peterman

**David Rubin**, husband of Naomi Rubin, father of Amanda Lewis, Jacqui Mayes and Hugh Rubin

**Raymond Rudaizky**, husband of Shirley Rudaizky, father of Kathryn Tansey and John Rudaizky

**Marcus Sefton-Green**, husband of Dorothy Sefton-Green, father of Julian, Ruth and Tertia

**Abraham Silverman**, father of Lillian Moss and Manny Silverman

## Contact Us

Please contact us if Alyth can help you in any way.

**Lynette Sunderland**     *Director of Welfare and Life Cycle*  
lynette@alyth.org.uk; 020 8457 8793

**Adam Martin**             *Community Director*  
adam@alyth.org.uk; 020 8457 8789

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

**Rabbinic Team**  
Rabbi Josh Levy (Rabbinic Partner)  
Rabbi Mark Goldsmith (Rabbinic Partner)  
Rabbi Colin Eimer  
Rabbi Maurice Michaels

## Songs for Erev Shabbat

### Ufros Aleinu /Lo Yissa Goy

וּפְרֹשׁ עָלֵינוּ סִכַּת שְׁלוֹמֶךָ.

*Ufros aleinu sukkat sh'lomecha*

Spread over us the shelter of Your peace (From the evening liturgy)

לֹא־יִשָּׂא גּוֹי אֶל־גּוֹי תְּרָב וְלֹא־יִלְמְדוּ עוֹד מִלְחָמָה:

*Lo yissa goy el-goy cherev*

*V'lo yilm'du od milchamah*

Nation shall not lift up sword against nation; never again shall they train for war (Isaiah 2:4)

### Where has this Week Vanished?

#### Rabbi David Polish

Where has this week vanished? Is it lost for ever?

Will I ever recover anything from it?

The joy of life, the unexpected victory,

the realised hope, the task accomplished?

Will I ever be able to banish the memory of pain,

the string of defeat, the heaviness of boredom?

On this day let me keep for a while what must drift away.

On this day let me be free of the burdens that must return.

On this day, Shabbat, abide.

Help me withdraw for a while; from the flight of time.

Contain the retreat of the hours and days; from the grasp of frantic life.

Let me learn to pause, if only for this day. Let me find peace on this day.

Let me enter into a quiet world this day. On this day, Shabbat, abide

## Haftarah for Shabbat Bereshit

#### Isaiah 61:1-11

The spirit of the Eternal God is upon me, because the Eternal has anointed me; God has sent me as a herald of joy to the humble, to bind up the wounded of heart, to proclaim release to the captives, liberation to the imprisoned; To proclaim a year of the Eternal's favour and a day of vindication by our God; To comfort all who mourn, to provide for the mourners in Zion, to give them a turban instead of ashes, the festive ointment instead of mourning, a garment of splendour instead of a drooping spirit.

They shall be called terebinths of victory, planted by the Eternal for God's glory.

And they shall build the ancient ruins, raise up the desolations of old, and renew the ruined cities, the desolations of many ages.

Strangers shall stand and pasture your flocks, aliens shall be your plowmen and vine-trimmers; while you shall be called "Priests of the Eternal," and termed "Servants of our God."

You shall enjoy the wealth of nations and revel in their riches. Because your shame was double, people cried, "Disgrace is their portion" Assuredly, they shall have a double share in their land, joy shall be theirs for all time.

For I the Eternal love justice, I hate robbery with a burnt offering. I will pay them their wages faithfully, and make a covenant with them for all time.

Their offspring shall be known among the nations, their descendants in the midst of the peoples. All who see them shall recognise that they are a stock the Eternal has blessed.

I greatly rejoice in the Eternal, my whole being exults in my God. For God has clothed me with garments of triumph, wrapped me in a robe of victory, like a bridegroom adorned with a turban, like a bride bedecked with her finery. For as the earth brings forth her growth, and a garden makes the seed shoot up, so the God will make victory and renown shoot up in the presence of all the nations.