# Around Alyth

### October 2016

### The road through the High Holy Days

Please go to www.alyth.org.uk/hhd for full details about Alyth's High Holy Days services and sessions. Tickets have been posted to member. Please call Bonnie on 020 8457 8784 if you require additional tickets.

Sunday 2 October Erev Rosh Hashanah

Monday 3 October Rosh Hashanah

Monday 3 October Tashlich Ramble

Monday 3 October Erev Second Day Rosh Hashanah

Tuesday 4 October Second Day Rosh Hashanah

Wednesday 5 October Ten Days Zone

Wednesday 5 October Judaism - The Essentials: Yom Kippur and Sukkot

Wednesday 5 October Jewish Mindfulness Meditation through the Ten Days

Thursday 6 October Yom Kippur Talmud Class

Friday 07 October The Shabbat Shuvah Den

Friday 7 & Saturday 8 October
Making Sense of the Yom Kippur Services

Sunday 9 October Remembrance
Service at Cheshunt

Tuesday 11 October Kol Nidre

Wednesday 12 October Yom Kippur

Sunday 16 October Sukkah Building Morning

Sunday 16 October Erev Sukkot

Monday 16 October Sukkot

Wednesday 19 October Sukkot Zone

Friday 21 October Sukkot Sleepout

Saturday 22 October Sukkot Sleepout 25th Anniversary Service To pray

To learn

Sunday 23 October Erev Simchat Torah

Monday 24 October Simchat Torah

To live

Together

## Pray with us

### **Weekday Services**

### **Sunday Shacharit**

Our lay-led minyan followed by a bagel breakfast. 19:45. Please contact bonnie@alyth.org.uk if you

### **Evening Services**

Sundays 02, 09, 16, 23, 30 October, 09:00-10:00 Evening services take place before meetings at would like evening prayers for the purpose of saying Kaddish.

### **Erev Shabbat Services**

#### Kabbalat Shabbat Service

Fridays 07, 14, 21, 28 October, 18:30-19:30

#### The Shabbat Den

Friday 07 October, 16:15-16:45

Our Shabbat experience for pre-schoolers and their families with Chloe, our early-years educator and our Rabbis. Join us for song, stories and to meet new friends in Alyth's Shabbat Den.

### Shabbat Morning Services

### Saturday 01 October

Classical Shabbat Service. 10:30-12:15 Led by Rabbi Josh. Includes the Bar Mitzvah of Ori Kaplansky-Gordon. The sermon will be given by Student Rabbi Nathan Godleman.

Tefillah Lab: Shacharit for the Soul, 10:30-12:00 Led by Rabbi Mark, this morning service will use a selection from our regular prayers, poetry, and silence. Also including a contemplative reading of the Torah and the space to experience a special sense of menuchah (rest) on this final Shabbat before the High Holy Days.

### Saturday 08 October

Classical Shabbat Service. 10:30-12:15 Led by Rabbi Mark. Includes the Bar Mitzvah of Aden Brazil. The sermon will be given by Edie Friedman.

Kollot. 10:30-12:00

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children. Led by Rabbi Josh.

> See over the page for more details of quest speakers

### Saturday 15 October

Shabbat Morning Service, 10:30-12:15 Led by Rabbi Josh. Includes the Bar Mitzvah of Leo Calman-Finlay. The sermon will be given by Dan Rosenfield.

Big Bang, 11:00-12:00

Alyth's famous musical Shabbat experience. This month with Rabbi Mark and the Big Bang musicians.

### Saturday 22 October Shabbat Chol HaMoed

Shabbat Morning Service, 10:30-12:15 Including Sukkot Sleepout 25th Anniversary

All past participants are invited to join us for a very special Shabbat service joining with this year's 'sleepers'. The service will be a special musical service with instruments in the style of last year's Shavuot morning service.

### Explanatory Service: How to make a Jewish Festival Service. 10:30-12:00

This explanatory service will show how and why our prayers vary on the festivals throughout the year. Led by Rabbi Colin.

### Saturday 29 October

Shabbat Morning Service, 10:30-12:15 Led by Rabbi Josh. Includes the Bar Mitzvah of Ethan Kessel. The sermon will be given by Rabbi Dr Michael Marmur.

# **High Holy Days Services**

Please join us over the High Holy Days at one of many service options at Alyth and at the Sternberg Centre.

### Rosh Hashanah

For all Rosh Hashanah services we will be using a draft of the new MRJ Machzor or a specific service siddur. These will be provided for use at the services.

### **Erev Rosh Hashanah Services**

Sunday 02 October, from 18:00 Join us for a choice of two services at Alyth. Please note the early start time and location!

### First Day Rosh Hashanah Services

Monday 03 October, from 10:30 We are holding a wide selection of services and sessions at both the Sternberg Centre and at Alyth.

### Erev Second Day Rosh Hashanah Service Monday 03 October, 18:30

### Second Day Rosh Hashanah Services

Tuesday 04 October, from 10:15 Join us at Alyth for either the Classical (10:15) or Family (10:45) services.

#### Remembrance Service at Cheshunt

Sunday 09 October, 11:00

We know that sometimes it's difficult to find the right words and thoughts when visiting loved ones and so we invite you to join Rabbi Maurice Michaels for a Remembrance Service at Cheshunt Cemetery. There will also be time to visit gravesides. If you require transport, or can offer a lift to someone else, contact Lynette on 020 8457 8793 no later than Wednesday 5 October.

### Kol Nidre and Yom Kippur

On Kol Nidre and Yom Kippur we will use the current Days of Awe Machzor. All those attending services should bring their own copy as none are provided.

#### Kol Nidre Services

Tuesday 11 October, from 19:00

Join us for a choice of services at the Sternberg

Centre.

### Yom Kippur Services

Wednesday 12 October, from 10:30 We are holding a wide selection of services and sessions at both the Sternberg Centre and at Alyth.

### **Sukkot**

#### **Erev Sukkot Service**

Sunday 16 October, 18:30 Rabbis Josh and Mark lead the community in a relaxed service, finishing with kiddush in the Sukkah.

### **Sukkot Morning Classical Service**

Monday 17 October, 10:15
Please note the early start time.

### Sukkot Morning Family Service

Monday 17 October, 10:45

A gentle, guitar-led service with lots of singing to new and familiar melodies and an informal Torah service. Led by Rabbi Josh.

### Simchat Torah Erev Simchat Torah

Sunday 23 October, 18:30

Our service begins at 18:30, with separate activities for young people led by the Youth and Education Hub before they come down to join us for the hakkafot (processions) in the Beit Tefillah.

### Simchat Torah Breakfast Shiur

Monday 24 October, 09:15-10:00 Alyth's Kallat Torah and Chatan Bereshit, Ruth Weiner and Robbie Jackman invite you to join them and Alyth's Rabbis to study the last and first words of the Torah over a light breakfast.

### Simchat Torah Morning Services

Monday 24 October, from 10:15 Our Classical Service starts at 10:15 with a special service for young people starting at 10:30.

### **Guest Preachers**

We **are** delighted to welcome a wide array of guest speakers to our services throughout October.

### Saturday 01 October Student Rabbi Nathan Godleman has just entered into his 4th year at Leo Baeck College..

### Saturday 08 October

**Edie Friedman** is an Alyth member and Founder and Director of J-Core, the Jewish Campaign for Racial Equality.

### Friday 14 October

**Dr Arie Schachner** is Co-Founder and President of Save a Child's Heart, an Israeli humanitarian organisation which provides free heart surgery and follow-up care to children from developing countries across the Middle East and Africa.

### Saturday 15 October

**Dan Rosenfield** is an Alyth Member and the chair elect of World Jewish Relief, the British Jewish community's international humanitarian agency.

### Saturday 29 October

Rabbi Dr Michael Marmur is the Jack, Joseph and Morton Mandel Provost at Hebrew Union College - Jewish Institute of Religion. responsible for coordinating the pedagogic and academic activities across HUC-JIR's four campuses in Israel and America. From the age of 7 (when his father Dow became our rabbi) until his late teens, he was a child of Alyth. Michael teaches homiletics and Jewish thought and lectures on a variety of themes around the world.

# High Holy Days Feedback

### **Avodah Meeting**

Tuesday 18 October, 20:00-21:30

Avodah is our quarterly open forum in which we discuss Alyth's services. This meeting will focus on the High Holy Days, sharing our thoughts on what was good and what can be improved. All are welcome. Please contact bonnie@alyth.org.uk if you plan on attending and josh@alyth.org.uk if you have an agenda item.

### How was it for you? New MRJ Draft Machzor Feedback

Wednesday 19 October, 20:00-21:30

How did you experience the new draft edition of Days of Awe at our Rosh Hashanah morning services? What worked well, what needs improvement? What should we consider when we create the services for Yom Kippur over the coming year? Please come to help our Rabbis to receive the feedback that we need to make the new Days of Awe excellent.

### On-line survey to receive feedback on the new Machzor

The Movement for Reform Judaism Machzor Editorial Group would appreciate hearing your personal impressions of the new draft edition of Days of Awe which we used at our Rosh Hashanah morning services.

Please complete the brief (15 minute) survey at www.surveymonkey.co.uk/r/MRJMachzor by 1 November 2016.

### Learn with us

### Regular Learning

### Hebrew reading from Scratch

Wednesdays 05 & 19, 19:00-20:00 Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagoguebased Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

#### Judaism - The Essentials

Wednesdays, 20:00-21:45

Essentials is our programme of short courses for all those who want to ensure that their Judaism has firm foundations. If one of your goals for 5777 is to improve your Jewish knowledge, then this is the course for you. Taught by Alyth's rabbis and Jon Epstein. Contact Rabbi Josh for more information at josh@alyth.org.uk.

05 Yom Kippur and Sukkot

**19** Simchat Torah - Scrolls, sidrot and chumashim

### Talmud Class

Thursdays 6, 13, 20, 27 October, 13:00-14:15 Our stimulating and friendly class which is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Contact mark@alyth.org.uk.

### MMM: Monthly Midrash in the Morning - Sukkot Special

Sunday 16 October 10:30-11:30
Midrash is, technically, any act of rabbinic biblical interpretation, but it is most often used to mean the way that the rabbis created new ideas and stories around the biblical narratives. In this session with Rabbi Josh, run once a month over danish, fruit and tea and coffee, we look at some of the highlights of this rabbinic creativity. In this special session for Sukkot, we will use midrash to understand how the rabbis viewed the festival, and to find extra meaning in it for ourselves.

### **Shabbat Learning**

# How the Yom Kippur Liturgy Fits Together and Why it isn't as Complicated as it Seems

Friday O7 October, 17:15-18:15
If you know how it is structured, the Yom
Kippur liturgy is actually quite straightforward.
In this session with Rabbi Josh, we will look at
the way the Yom Kippur Machzor is put
together, and learn the tricks of knowing what
is going on.

# Why Some Prayers Keep Repeating and What they Mean

Saturday 08 October, 09:15-10:15
Some core pieces of the liturgy keep repeating throughout the day on Yom Kippur. Together with Rabbi Josh we will look at three or four of the key prayers, what they mean, and where they came from.

#### Mindful Kavvanot for Shabbat Shuvah

Saturday 08 October, 09:15-10:15

Join Rabbi Mark in the Alyth Meditation Room for a time of peace and contemplation, sharing Kavvanot (focussing meditations) that can help make Shabbat more meaningful throughout the year.

### Shabbat Shiur: Housing the Stranger

Saturday 22 October, 09:15-10:15
This year is the 25th Alyth Sukkot Sleepout. Originally conceived to enable our young people to understand the meaning of homelessness, for all these years the Sleepout has raised many thousands of pounds for Homeless Action in Barnet. Join Rabbi Mark to study the Jewish tradition of hospitality for the homeless and the Talmudic and later legislation needed to help balance the challenges of movements of Jews from town to town.

### Learn with us

### Special this month

### Cheshbon Ha-nefesh Half Hour

Saturdays 01 October 09:45 Cheshbon Ha-Nefesh literally means "accounting of the soul" and is a process of stocktaking and reflection in advance of the Yamim Noraim.

Join us for a final time of reflection, study and contemplation. Each 30 minute session is structured around one of the eight questions found in the prayer in the morning service, Ribbon Ha-Olamim.

Todav we ask *Mah nomar l'fanecha* (What can we say before You?) What has happened between God and me during 5776? With Rabbi Colin

### Alyth Film Club: Wondrous Oblivion

Tuesday 18 October, 19:30-22:00 White residents react with horror when Dennis and Loretta Samuels, a Jamaican family, move into their working-class neighbourhood in 1960 London. However, next-door neighbour 11 year-old David Wiseman discovers that he and Dennis share a passion for cricket. Dennis offers to train him for the school team. David's parents try and put an end to the relationship even though they are refugees from Nazi Germany and have suffered racial abuse. Later, David's mother discovers that she has a passion for Dennis... Contact colin@alyth.org.uk.

We wish all those going on the Year 8 Budapest trip and the Alyth Youth Singers trip to Scotland a nesiah tovah

### Be with us

### Special this month

### Jewish Mindfulness Meditation through the Ten Davs

Wednesday 05, Thursday 06, Monday 10 at 20:00-21:00, Friday 07 at 17:15-18:15, Saturday 08 at 18:00-19:15, Sunday 09 at 10:15-11:15

The Alyth Meditation Room offers a space for maybe muddy. Meet outside The Frog at contemplation and spirituality. Led by expert facilitators and Rabbis drawing from the Jewish meditative tradition. You are welcome to attend every session, or to simply drop in when you wish, and no pre-booking is necessary. The session on Saturday 08 is not and vegetables to hang in the Sukkah. at Alyth, contact jmm@alyth.org.uk.

### Rosh Hashanah Ramble: Skirmett and Turville Heath

Sunday 09 October, 10:00-15:30 An 8 mile walk through arable fields and beech woods with a beautiful view of Idlecombe valley. Sometimes hilly and Skirmett, RG9 6TG. Contact viv@alyth.org.uk.

### Community Sukkah Building Morning

Sunday 16 October, 10:30-12:00 Please bring some greenery and lots of fruit

### Be with us

### **Weekly Activities**

### Senior Club

Mondays, 14:00-16:00 Weekly activity and tea for our senior members.

10 Viv Bellos and the choir

31 Roy Blass entertains

### **Alyth Choral Society**

Tuesdays 04, 18, 25 October, 20:00-22:00 Exploring new repertoire while continuing to develop strengths in cantata and oratorio. www.alythchoralsociety.org.

### News, Views, Coffee & Schmooze

Wednesdays 26 October, 13:30-15:30 Join Lynette to discuss topical issues and stories. Contact lynette@alyth.org.uk.

### Jewish Mindfulness Meditation

Wednesdays 05, 19, 26 October, 20:00-21:00 Peace, quiet, contemplation and meditation in our Alyth Meditation Room.

### Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

### Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 or Andrea on 020 7722 3993.

### **Monthly Activities**

### Sunday Bridge@Alyth

Sunday 09 October, 19:30-22:00 Contact Clive on 020 8361 5711.

### **Alyth Cycling Community**

Sunday 09 October, 08:30-13:00 We meet at Alyth at 08:15 and leaves at 08:30. For registration and more information please email laurancemendoza@aol.com.

### JOY - Joining Old and Young

Monday 10 October, 12:45-13:45
Join our Alyth Kindergarten and Jenny
Kossew, who has over 20 years of experience
working with and bringing joy to
intergenerational groups. Contact
lynette@alyth.org.uk.

### Singing for Pleasure

Sunday 23 October, 15:00-17:00 Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk.

### Save the date: Alyth's Annual Supper Quiz

Sunday 13 November, 19:30-22:30

Don't miss out on this enormously popular event. To purchase your ticket please contact bonnie@alyth.org.uk or 020 8457 8784.

If you would like to join the team who helps organise this event or if you have access to suitable auction or raffle prizes please contact sarah@alyth.org.uk.

### Save the date: Alyth Choral Society Concert - Handel's Samson

Sunday 11 December, 19:00

Alyth Choral Society presents this wonderful concert. Tickets cost £18 (under 16s free). Go to www.alythchoralsociety.org for more information and tickets.

### Act with us

### Monday Club

Mondays, 19:30-21:30 Our weekly club for people with learning difficulties. Contact Dennis Sher via the Synagogue Office to volunteer.

### Monthly Drop-in for Recent Refugees

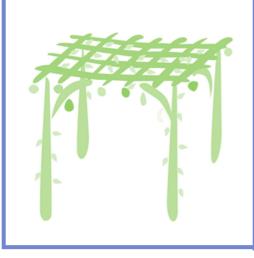
Sunday 30 October, 14:00-16:00
We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (with the support of the Pears Foundation). To volunteer please contact bonnie@alyth.org.uk.

### Together in Barnet Winter Shelter

Tuesday nights October—December
We are part of this project providing a warm meal and a place to sleep. If you are able to cook a meal, help move bedding or sleep overnight please contact bonnie@alyth.org.uk.

### Shalom Supper

Friday 07 October, 19:30-21:30
Join members of JAMI and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment (with the support of the Hampstead Garden Trust). Contact lynette@alyth.org.uk.



# Celebrating 25 years of the Sukkot Sleepout

Saturday 22 October, 10:30-12:15

The Sukkot Sleepout has been collecting money and raising awareness of homelessness for 25 years.

We would love everyone who has ever been a participant or leader to join us for an extra special service joining with this year's 'sleepers'. For more information, or to let us

know you are coming, please email sam@alyth.org.uk.

# **Community News**

### We regret to announce the deaths of:

David Fisher, husband of Martha, father of Lewis, brother of Monty and Norman.

Heather Futerman, wife of Charles Futerman, mother of Merryl Epstein, Lucille Morris and Mark Futerman.

Mavis Wolff, sister of Cyril Bloch.

Mark Gore, father of Sarah Lederman.

#### A warm welcome to our new members:

Michael Allard

David & Michelle Cowen

David, Charlotte, Hannah & Benjamin Leigh Ashley, Sasha, Otis Lerner

## Mazel Tov to:

Lynette Sunderland, our Director of Welfare and Life Cycle who reaches 25 years of employment at Alyth during October. Here's to many more!

Our Kallat Torah, Ruth Weiner, and our Chatan Bereshit, Robbie Jackman.

# Youth & Education Hub Learn with us and Be with us

Please contact Sam Brunner for information about the provision for our younger members.

### Regular Programming

#### Ruach Erev Shabbat

Fridays 07, 14, 21 October, 16:15-19:30 Our Friday afternoon B'nei Mitzvah programme.

### Sunday Morning Galim

Sundays 09 & 16 October, 10:00-12:45
Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

### Alyth Toddler Group

Monday 10 October, 09:30-11:30 Toys, singing and refreshments for the children; coffee and chat for carers! £3 per child, £1 for a sibling.

#### Year 7 Galim

Monday 10 October, 17:30-19:00 Our Year 7 provision to teach Hebrew and develop Jewish knowledge.

#### Year 10 Hadracha

Thursdays 06, 13, 20 October 18:30-19:30 Our creative, fun and intensive leadership course for Year 10. Contact mike@alyth.org.uk.

### Special this month

### 10 Days Zone

Wednesday 05 October, 16:00-17:00 For Primary School aged children to mark the transition between Rosh Hashanah and Yom Kippur with fun activities. Contact chloe@alyth.org.uk.

### Sukkot Sleepout

Friday 21, 18:30 - Saturday 22 October, 12:30 Our legendary sleepout for School Years 4–8. This year celebrating its 25th anniversary. Contact mike@alyth.org.uk.

#### Sukkot Zone

Wednesday 19 October, 16:00-17:00 For Primary School aged children to enjoy festive activities in the Sukkah. Contact chloe@alyth.org.uk.

### **Choirs & Drama**

### Primary Alyth Children's Theatre

Wednesdays 05 & 19 October, 17:00-17:30 (ages 4-7) If you like to sing, dance and act, then this musical theatre group is for you! PACT is led by Jane Gordon from Upbeat Drama.

### Alyth Children's Theatre

Wednesdays 05 & 19 October, 17:00-18:30 ACT is our children's theatre group for those in Years 3-7.

### Alyth Youth Singers

Wednesdays 05 & 19 October, 18:45-20:00 AYS, our youth choir for all post B'nei Mitzvah. Contact katie@alyth.org.uk.

### Alyth Academy of Performing Arts

Sundays 09 October, 18:00-21:00 Our drama group for 13-18 year olds.





# Alyth Arts Week

12 - 19 February 2017

Alyth Synagogue is delighted to announce that it will be hosting a week of cultural events.

The week will feature an exhibition of various art works including paintings, ceramic and glasswork and will host various concerts of classical music and jazz.

Alyth Arts Week will also offer literary events the opportunity to meet current authors to discuss their latest works and buy signed copies.

The week will culminate with a Craft Fair where we are offering the opportunity for local crafts people to take a stall.

Please save the date and we look forward to welcoming you all to this new and exciting cultural event

Please email artsweek@alyth.org.uk for more details or go to www.alyth.org.uk/artsweek



# ANNUAL SUPPER QUIZ

# Sunday 13 November 2016 19:15 - 22:30 at Alyth

Please join us for what is always a fun filled sell-out event

£25 per person (includes supper)
Why not make up a table (10)?

Prizes for the winning table Raffle & Auction

<b>&gt;</b>	
	Ticket Application
Please reserve spaces @ £25 each	n.
I would like to host a table(s) for 10 @ £250. T	Fotal enclosed: £
Name:	
Address:	
	Postcode:
Telephone Number:	Email:
We will be serving fish, please let us know if yo	ou have any dietary requirements:

Please return your application together with payment (cheques made payable to 'NWRS') to Tekiyah, NWRS, Alyth Gardens, London NW11 7EN.

For more information, or if you wish to pay by debit/credit card call Bonnie Lemer on Tel **020 8457 8784** or e-mail bonnie@alyth.org.uk



### Contact us

Rabbinic Team

Community Director

Rabbi Josh josh@alyth.org.uk Rabbi Mark mark@alyth.org.uk 020 8457 8799 Rabbinic Partner 020 8457 8791 Rabbinic Partner

Rabbi Colin Rabbi Maurice colin@alyth.org.uk maurice@alyth.org.uk 020 8455 6763

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Director of Welfare & Life Cycle

**Adam Martin** adam@alvth.org.uk Lynette Sunderland lynette@alyth.org.uk

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Head of Music & Arts Emeritus Director of Music

Katie Hainbach katie@alyth.org.uk Viv Bellos viv@alyth.org.uk

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Youth & Education Hub **Yael Roberts** Sam Brunner yael@alyth.org.uk sam@alyth.org.uk

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Kindergarten

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Community Administration Team

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Out of hours emergency care line

07726 631 808

Copy date: 10th of every month. Please email comms@alyth.org.uk

www.alyth.org.uk