This Shabbat - 24 Tammuz 5776

Erev Shabbat

18:30 Kabbalat Shabbat Service

in the Beit Tefillah Led by Rabbi Josh and Student Rabbi Deborah Blausten.

Shabbat Morning

Torah Reading: Shabbat Mattot

Numbers 30:2-17

Soncino p702 Plaut (old) p1215 Plaut (new) p1100

10:30 Clasical Service

in the Beit Tefillah

Led by Rabbi Maurice.

The Torah will be read by Rabbi Maurice.

The Haftarah (Jeremiah 1:13-2:3) will be read by Odette Pyzer.

The sermon will be given by Rabbi Maurice.

10:30 Healing Service

in the Rabbis Beit Midrash

A special service including prayer and inspirational texts to help us come to terms with challenges of all kinds. With Lynette Sunderland.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 31 July

14:00 - 16:00 Monthly Drop-In for Recent Refugees

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (with the support of the Pears Foundation). To volunteer please contact bonnie@alyth.org.uk.

Tuesday 2 August

09:00 - 16:00 The Jewish Tour to Northampton & Bedford

This trip is full, look out for future trips in upcoming editions of Around Alyth.

Friday 5 August

16:15 - 16:45 The Shabbat Den

Our Shabbat experience for pre-schoolers and their families with Chloe, our earlyyears educator and our Rabbis. Join us for song, stories and to meet new friends in Alyth's Shabbat Den.

18:30 - 19:30 Kabbalat Shabbat Service

Led by Rabbi Mark.

19:30 - 21:30 Shalom Supper

Join members of JAMI and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment (with the support of the Hampstead Garden Trust). To book contact lynette@alyth.org.uk.

Saturday 6 August

09:15 - 10:15 Shabbat Shiur: A man of 123 and a woman of 300

Masei is the final portion of the Book of Numbers. It records the death of Aaron among the journeys of the Israelites and tells us that only Moses, Joshua, and Caleb were left from those who set out from Egypt – but was there also a mysterious woman of over 300 years of age travelling with the Israelites? Join Rabbi Mark to piece together the hidden story of Serach bat Asher.

10:30 - 12:00 Classical Service

Led by Rabbi Mark.

Sunday 7 August

19:30 - 22:00 Sunday Bridge@Alyth

For more information please contact Clive on 020 8361 5711.

Alyth Webcam

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

Regular Activities This Week

The following activities are still taking place throughout the summer. Other regular activities return in September. For more information about any of our activities please go to www.alyth.org.uk.

Saturday

- Choir Rehearsal (09:15 - 10:15)

Sunday

- Sunday Shacharit (09:00 - 10:00)

Monday

- Senior Club (14:00 - 16:00) "Alan Cohen - Lights & darks in the visual arts"

Wednesday

- News, Views, Coffee & Schmooze (13:30 15:00)
- Jewish Mindfulness Meditation (20:00 21:30) "Creation and Breath"

Thursday

- Mellow Yoga (11:00 12:00)
- Talmud Class (13:00 14:15)
- Bridge (14:00 16:30)

Sunday

- Sunday Shacharit (09:00 - 10:00)

Save the Date:

Shirley Glatter Young@Heart Day Thursday 11 August, 10:30-16:00

Join us for a day of fun filled activities including, bridge, scrabble, rummikub, singing, discussion, news & views, arts & crafts, a three course lunch, delicious tea and more.

Cost: £10 members £12 non-members. To book a place and request transport if needed contact Lynette on 020 8457 8793.

Tisha B'Av Shacharit and Study Sunday 14 August, 09:00-10:45

Our service and Megillat Eichah (Lamentations) reading for Tisha B'Av, followed by a Tisha B'Av themed "Monthly Midrash in the Morning". With Rabbis Mark and Colin

The Sugyot Every Reform Jew Should Know Saturday 20 August, 09:15-10:15

A sugya is a discrete section of the Babylonian Talmud. In these sessions with Rabbi Josh, we look at sugyot which are especially important, insightful or entertaining, and which every educated Jew should know about.

Community News: 29 - 30 July 2016

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Nicolas & Akiko Davis, on the birth of their daughter Nina, a sister for Jay and a fourth grandchild for Alan Davis

On this Shabbat we join our thoughts with those who are mourning the death of:

Elizabeth Doughty, mother of Roddy McDowall, mother-in-law of Felicia Smith Kleiner

We wish good memories to those marking the anniversary of the death of a loved one:

Miriam Baron Cohen, mother of Vivian Baron Cohen

Linda Bayfield, wife of Rabbi Professor Tony Bayfield, mother of Lucy Weiner, Daniel Bayfield and Rabbi Miriam Berger

Hannah Clarke, mother of David Clarke

Bessie Cohen, mother of Aileen Jampel

Sylvia Elks, mother of Lawrence Elks and Ruth Oliver, sister-in-law of Judith Cowen

Jack Goodman, father of Ruth Cohen and Dorie Rubin

Marquerite Goodman, mother of Brian Goodman

Pearl Greenberg, mother of Rosalind Langleben

Jack Harris, father of Brenda Freedman

Isaac Hubner, father of Malli Katz

Bernard Kay, father of Lucille Cohen

Morris Langleben, father of David Langleben

Shoshana Parnas, mother of Zvia Klier

Maurice Phillips, father of Sheila Curtis

Eunice Ross, mother of Odette Pyzer

Rachel Serlin, mother of Mimi Mellins

Lotte Stern, mother of Hanna Singer

Leonard Charles Wolfman, father of Stuart Wolfman

Songs for Erev Shabbat

Roll into Dark

בּוֹרֵא יוֹם וַלַיִלַה. גּוֹלֵל אוֹר מַפָּנֵי חֹשֶׁךְ וְחֹשֶׁךְ מִפְּנֵי אוֹר

Creator of day and night, rolling light into darkness, and darkness into light.

Roll into dark, roll into light.

Night becomes day, day turns to night.

Borei yom valailah, goleil or mip'nei choshech

goleil or mip'nei choshech v'choshech mip'nei or.

Haftarah for Shabbat Mattot

Jeremiah 1:13-2:3

And the word of the Eternal came to me a second time:

What do you see? I replied: I see a steaming pot, tipped away from the north.

And the Eternal said to me:

From the north shall disaster break loose upon all the inhabitants of the land! For I am summoning all the peoples of the kingdoms of the north declares the Eternal. They shall come, and shall each set up a throne before the gates of Jerusalem, against its walls roundabout,

And against all the towns of Judah.

And I will argue my case against them for all their wickedness:

They have forsaken me and sacrificed to other gods and worshiped the works of their hands. So you, gird up your loins,

Arise and speak to them all that I command you.

Do not break down before them, lest I break you before them.

I make you this day a fortified city,

And an iron pillar,

And bronze walls against the whole land.

Against Judah's kings and officers,

And against its priests and citizens.

They will attack you, but they shall not overcome you;

For I am with you declares the Eternal to save you.

The word of the Eternal came to me, saying, Go proclaim to Jerusalem:

Thus said the Eternal: I accounted to your favour,

The devotion of your youth,

Your love as a bride how you followed me in the wilderness,

In a land not sown. Israel was holy to the Eternal,

The first fruits of God's harvest.

All who ate of it were held guilty; Disaster befell them.



To pray, to learn, to live. Together.



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

Contact Us

Please contact us if Alyth can help you in any way.

Lynette SunderlandDirector of Welfare and Life Cycle lynette@alyth.org.uk; 020 8457 8793

Adam Martin Community Director

adam@alyth.org.uk; 020 8457 8789

North Western Reform Synagogue Alyth Gardens, NW11 7EN www.alyth.org.uk mail@alyth.org.uk 020 8455 6763

Rabbinic Team
Rabbi Maurice Michaels
Rabbi Mark Goldsmith (Rabbinic Partner)
Rabbi Josh Levy (Rabbinic Partner)
Rabbi Colin Eimer