

This Shabbat – 29 Nisan 5776

Erev Shabbat

16:15 The Shabbat Den

in the Leo Baeck Hall

Our Shabbat experience for pre-schoolers and their families with Chloe, our early-years educator, Tor and Cindy from our Kindergarten and our Rabbis. Join us for song, stories and to meet new friends in Alyth’s Shabbat Den.

18:30 Kabbalat Shabbat Service

in the Beit Tefillah

Led by Rabbis Josh and Mark

18:30 Year 8 Chavurah Supper

in the Youth Hall

Join other families for a communal dinner as you near the end of your Bar/Bat Mitzvah journey.

Shabbat Morning

Torah Reading: Shabbat Kedoshim

	Leviticus 19:23-20:7
Soncino	p503
Plaut (old)	p898
Plaut (new)	p801

10:30 Community Shabbat Service

in the Beit Tefillah

Led by Rabbi Josh with Justin Wise. This service will draw on elements of our Classical and our Kollot services, and will be accompanied with a guitar to bring some of the feel of our Friday night service. The Torah will be read by Jasmine Salem. The Haftarah for the Shabbat preceding Yom HaAtzmaut (Micah 4:1-13) will be read by Michael Lubliner. The sermon will be given by Rabbi Josh.

10:30 Tefillah Laboratory: New Prayers for a New Year

in the Youth Hall

A more formal service including a chance to experience some of the creativity which will inspire us these High Holy Days. Led by Lynette.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members’ choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 8 May

10:15 – 13:00 Marriage Brunch

For couples who are just married or about to be married. There will be sessions on: The Wedding Ceremony & Customs, Building a Jewish Home, Ahavah, Achavah Shalom v’Re-ut & creating a Jewish celebration after a mixed faith civil ceremony.

18:00 – 21:00 AAPA After Show Social

The show is over but the socialising doesn’t have to be! Have pizza and a good laugh with the cast and production team. Contact sam@alyth.org.uk.

Tuesday 10 May

19:30 - 20:00 Yom HaZikaron Ma’ariv

A service for Yom HaZikaron to commemorate those who have died through war and acts of terrorism in Israel.

20:00 - 22:00 Alyth Film Club: Siege

Following on from our Yom HaZikaron ceremony, this month’s film is an Israeli film called Matzor (Siege). A drama starring Gila Almagor and Yehoram Gaon, it is the story of a war-widow (from the 6 Day War) pressured by her friends to behave in the role of the heroic widow. It was entered into the 1969 Cannes Film Festival and was the Israeli entry for Best Foreign Language film at the 42nd Academy Awards. Contact colin@alyth.org.uk for more information.

Wednesday 11 May: Yom HaAtzmaut

For our younger members there will be activities in the afternoon (16:00-17:00). For our older members we are having a Mizrachi themed evening of tastes, sounds and heritage. **Please see back page of the Shul Sheet for details.**

Friday 13 May

18:30 - 19:30 Kabbalat Shabbat Service

Led by Rabbi Josh with the Alyth Youth Singers.

19:30 - 21:30 Shalom Supper

Join members of JAMI and Jewish Care’s Shalom Centre for a Shabbat evening dinner and entertainment (with the support of the Hampstead Garden Trust). Contact lynette@alyth.org.uk.

Saturday 14 May

09:15 - 10:15 Shiur: Kedoshim Tihyu A Chassidic Approach to Dedication

God instructs Moses to be “Kedoshim tihyu” (you shall be holy) but does not specify what one must do in order to be holy. Join Yael Roberts, Alyth’s Youth & Education worker to explore the Chassidic approach to dedication.

10:30 - 12:15 Community Shabbat Service

This service will draw on elements of our Classical and our Kollot services. Includes the Bat Mitzvah of Natasha Bogod. The sermon will be given by Jonathan Arkush, President of The Board of Deputies of British Jews. There will be no parallel service on this Shabbat morning.

16:00 - 20:00 Alyth’s Secret Cinema

For School Years 3 & 4. Join the Youth and Education Hub for another exciting secret cinema experience. Dinner will be included. Contact chloe@alyth.org.uk.

Sunday 15 May

10:15 – 12:30 Alyth’s Annual General Meeting

The highlight of year’s AGM is going to be the presentation of the updated plans for the development of our building into a space which meets the modern needs of a progressive, diverse and thriving community such as ours. Please do come and find out more. Papers can be downloaded from www.alyth.org.uk.

13:00 – 14:00 Picnic Lunch Film Screening

For Early Years children. Join the Chloe for a picnic lunch whilst watching a special screening of “Ben and Holly”. Contact chloe@alyth.org.uk.

Regular Activities This Week

For more information about any of our regular activities happening this week please go to our website at www.alyth.org.uk. All other regular activities return after the holidays.

Sunday

- Alyth Cycling Community (08:30 – 13:00)
- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)
- Sunday Morning Galim (10:00 – 12:30)

Monday

- Toddler Group (09:30 – 11:30)
- Senior Club (14:00 – 16:00) Ted Adams “The Green Shield stamp story”
- Monday Club (19:30 – 21:30)

Tuesday

- Year 7 Ulpan (17:30 – 18:30)
- Alyth Choral Society (20:00 – 22:00)

Wednesday

- News, Views, Coffee & Schmooze (13:30 – 13:30)
- Alyth Children’s Theatre (17:00 – 18:30)
- Alyth Youth Singers (18:45 – 20:00)
- Jewish Mindfulness Meditation (20:00 – 21:00) “Yearning for Jerusalem”

Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)
- Talmud Class (13:00 – 14:15)
- Bridge (14:00 – 16:30)
- Year 7 Ulpan (17:30 – 18:30)
- Jewish Studies GCSE (18:30 – 20:00)

Friday

- Ruach Erev Shabbat (16:00 – 19:30)
- Kid’s Choir (17:30 – 18:00)

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)
- Sunday Morning Galim (10:00 – 12:30)

Save the Date:

New Music Evening

Wednesday 18 May 20:00 - 21:30

An opportunity to learn and sing new liturgical music with Rabbi Josh and Katie Hainbach, our Head of Music and Arts. We will learn a number of new pieces which will be sung across our range of services, as well as discussing how the music fits the liturgy. For more information, contact katie@alyth.org.uk.

MMM: Monthly Midrash in the Morning

Sunday 22 May 10:15 - 11:30

Midrash is, technically, any act of rabbinic biblical interpretation, but it is most often used to mean the way that the rabbis created new ideas and stories around the biblical narratives. In this new session, which we will be running once a month, join Rabbi Josh over danish, fruit and tea and coffee as we look at some of the most entertaining and insightful midrashim.

Community News: 6 - 7 May 2016

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Jasmine Salem and her family on the occasion of her becoming Bat Mitzvah and reading Torah with her community for the first time.
Clive and Susan Warner and their family on the birth of a son to Melanie and David Boda.

We wish good memories to those marking the anniversary of the death of a loved one:

Rouhollah Aframian, brother of Ata Aframian
Sam Cohen, father of Joe Cohen
Abraham Elks, father of Judith Cowen
Ilo Lubliner, mother of Michael Lubliner
Alfred Levi, father of Henry Levi
Rita Mendoza, mother of Laurance Mendoza
Philip Pepperman, father of Morella Kayman
Laurence Pyzer, husband of Odette Pyzer
Naomi Saunders, husband of Naomi Saunders
Sylvie Schrire, mother of Gail Flesch
Kamillo Weiss, husband of Margarete Weiss

Songs for Erev Shabbat

Roll into Dark

בּוֹרָא יוֹם וְלַיְלָה. גּוֹלֵל אוֹר מִפְּנֵי חַשְׁךְ וְחַשְׁךְ מִפְּנֵי אוֹר

Creator of day and night, rolling light into darkness, and darkness into light.

Roll into dark, roll into light.
Night becomes day, day turns to night.
Borei yom valailah, goleil or mip'nei choshech
goleil or mip'nei choshech v'choshech mip'nei or.

Alyth Webcam

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

Contact Us

Please contact us if Alyth can help you in any way.

Lynette Sunderland	<i>Director of Welfare and Life Cycle</i> lynette@alyth.org.uk; 020 8457 8793
Adam Martin	<i>Community Director</i> adam@alyth.org.uk; 020 8457 8789

North Western Reform Synagogue Alyth Gardens, NW11 7EN www.alyth.org.uk mail@alyth.org.uk 020 8455 6763	Rabbi Josh Levy Rabbi Mark Goldsmith Rabbi Colin Eimer Rabbi Maurice Michaels
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Haftarah for Shabbat Atzmaut

Micah 4:1–13

It shall come to pass in the latter days that the mountain of the house of the Eternal shall be established as the highest of the mountains, and it shall be lifted up above the hills; and peoples shall flow to it, and many nations shall come, and say: "Come, let us go up to the mountain of the Eternal, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths."
For out of Zion shall go forth the law, and the word of the Eternal from Jerusalem. He shall judge between many peoples, and shall decide for strong nations far away; and they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war anymore; but they shall sit every man under his vine and under his fig tree, and no one shall make them afraid, for the mouth of the Eternal of hosts has spoken. For all the peoples walk each in the name of its god, but we will walk in the name of the Eternal our God forever and ever. In that day, declares the Eternal, I will assemble the lame and gather those who have been driven away and those whom I have afflicted; and the lame I will make the remnant, and those who were cast off, a strong nation; and the Eternal will reign over them in Mount Zion from this time forth and forevermore. And you, O tower of the flock, hill of the daughter of Zion, to you shall it come, the former dominion shall come, kingship for the daughter of Jerusalem. Now why do you cry aloud? Is there no king in you? Has your counselor perished, that pain seized you like a woman in labor? Writhe and groan, O daughter of Zion, like a woman in labour, for now you shall go out from the city and dwell in the open country; you shall go to Babylon. There you shall be rescued; there the Eternal will redeem you from the hand of your enemies. Now many nations are assembled against you, saying, "Let her be defiled, and let our eyes gaze upon Zion." But they do not know the thoughts of the Eternal; they do not understand his plan, that he has gathered them as sheaves to the threshing floor. Arise and thresh, O daughter of Zion, for I will make your horn iron, and I will make your hoofs bronze; you shall beat in pieces many peoples; and shall devote their gain to the Eternal, their wealth to the Eternal of the whole earth.

Yom HaAtzmaut (Wednesday 11 May)

16:00 Yom HaAtzmaut Zones
(for Pre-School - School Yr 2 & School Yrs 3-6)
Join the Youth and Education Hub for a special Yom HaAtzmaut Zones where we will be creating a Batik Israeli flag, making our own hummus, baking star biscuits and lots more!
We are excited to be partnering the New Israel Fund in celebrate Israel's 68th birthday with a Mizrahi themed evening of tastes, sounds and heritage.
18:30 Yom HaZikaron Ceremony and Ma'ariv
A ceremony to commemorate those who have died through war and acts of terrorism in Israel.
19:00-22:00 Celebrating Mizrahi Israel
(following welcome refreshments, session times are 19:30-20:30 & 20:45-21:45, all sessions repeated) Mizrahi (literally Eastern) Jews are those whose family origins are from the Middle East and North Africa and who are now the majority of Israel's Jewish population. The evening will be an introduction to the history of Mizrahi communities and will offer a chance to engage with Jewish textual and cultural riches that Mizrahi heritage has to offer, as well as a cookery demonstration of Mizrahi food. Joining us from Israel will be lawyer **Tammy Katsabian** from Shaharit, a “think and do” tank that brings together Israeli citizens from different social groups, and **Drori Yehoshua** from Memizrach Shemesh, a Beit Midrash (House of Study) and Centre for Jewish Social Activism that focuses on the legacy of Mizrahi communities. Also joining us will be London-based **Fabienne Viner Luzzato** who will be demonstrating her family's Tunisian recipes. **Alyth's Rabbis** will be teaching about the history of Mizrahi communities in Israel.
Price: £10 for over 21 year olds; under 21s come free. Tickets will be sold on the door or can be booked with Bonnie on 020 8457 8784, or email bonnie@alyth.org.uk.



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

