

This Shabbat – 13 Iyar 5776

Erev Shabbat

18:30 Kabbalat Shabbat Service

in the Beit Tefillah

Led by Rabbis Josh and Mark with the Alyth Kids Choir.

Shabbat Morning

Torah Reading: Shabbat B'har

	Leviticus 25:1-13
Soncino	p531
Plaut (old)	p946
Plaut (new)	p850

10:30 Classical Service

in the Beit Tefillah

Led by Rabbi Mark.

The Torah will be read by Josh Clein.

The Haftarah (Jeremiah 34:6-15) will be read by Jackie Goymour.

The sermon will be given by Rabbi Mark.

11:00 Big Bang Service

in the Youth Hall

Alyth's famous musical Shabbat experience with Rabbi Josh and the Big Bang musicians.

Alyth Webcam

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 22 May

10:15 - 11:30 MMM: Monthly Midrash in the Morning

Midrash is, technically, any act of rabbinic biblical interpretation, but it is most often used to mean the way that the rabbis created new ideas and stories around the biblical narratives. In this new session, which we will be running once a month, join Rabbi Josh over danish, fruit and tea and coffee as we look at some of the most entertaining and insightful midrashim.

Wednesday 25 May

16:00 - 17:00 Lag B'Omer Zones

For Pre-School - School Year 2 and School Years 3-6. Join the Youth and Education Hub for special Lag B'Omer themed Zones.

Thursday 26 May

20:00 - 21:00 Israel Conversations: What's Up with the Start Up Nation?

With more start-up companies and venture capital invested per capita than any country in the world, and an economy which weathered recent global downturns with less injury than many others, Israel provides an example of modern chutzpah. Join us for a fascinating insider's perspective of the culture and business climate which has made the Israel success story possible. With Aryeh Green, former senior advisor to Natan Sharansky and an executive for some of Israel's leading companies, especially in the field of solar energy. Hosted by Rabbi Mark.

Friday 27 May

12:00 - 1400 Chat 'n' Soup

Come and enjoy a tasty bowl of soup, listen to music, read the papers and enjoy good company. Alyth members and people from outside Alyth are welcome to join us. To book and arrange transport contact bonnie@alyth.org.uk.

18:30 - 19:30 Kabbalat Shabbat Service

Led by Rabbi Mark.

Saturday 28 May

09:15 - 10:15 Shabbat Shiur: Bechukkotai in Kabbalah

Study the final portion of the Leviticus through the mystical source text of Kabbalah, the Zohar. In this section the Zohar struggles with what happened to God after the destruction of the Temple and what the meaning of charity is to God. With Rabbi Mark.

10:30 - 12:15 Classical Service

Led by Rabbi Mark. Includes the Bar Mitzvah of Oliver Shattock.

10:30 - 12:00 Kollot Service

Led by Rabbi Josh. Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children.

12:30 - 14:30 Bayit Cham Lunch

Join us for a Shabbat lunch with fantastic food, company and discussion. No charge (although donations are welcome). To book and arrange transport contact bonnie@alyth.org.uk.

Sunday 29 May

10:30 - 12:00 An opportunity to meet... Lassana Bathily

Join Alyth's rabbis for a special brunch in which we will welcome Lassana Bathily, the Muslim immigrant to France who became known worldwide when he saved Jewish customers at the Hyper Cacher during the Paris attacks in January 2015. We will also be welcoming Fiyaz Mughal of Tell Mama and Hifsa Haroon-Iqbal of the Islamic Society of Britain to this event marking the end of national Islam Awareness Week. For catering purposes, please let us know that you are coming by emailing bonnie@alyth.org.uk.

ACT show: Peter Pan

Saturday 18 June, 19:00 and Sunday 19 June, 15:00 & 19:00

Alyth Children's Theatre are performing Peter Pan: The Musical. To buy your tickets (£10 adults, £8 concessions & £3 under 18s) email sam@alyth.org.uk.

Regular Activities This Week

For more information about any of our regular activities happening this week please go to our website at www.alyth.org.uk. All other regular activities return after the holidays.

Saturday

- Choir Rehearsal (09:00 – 10:00)

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

- Sunday Morning Galim (10:00 – 12:30)

- Singing for Pleasure (15:00 – 17:00)

Monday

- Toddler Group (09:30 – 11:30)

- Senior Club (14:00 – 16:00) Bob Redman “Elstree – Britain's Hollywood”

- Monday Club (19:30 – 21:30)

Tuesday

- Year 7 Ulpan (17:30 – 18:30)

- Alyth Choral Society (20:00 – 22:00)

Wednesday

- News, Views, Coffee & Schmooze (13:30 – 15:30)

- Kef Zone (16:00 – 17:00)

- Alyth Children's Theatre (17:00 – 18:30)

- Alyth Youth Singers (18:45 – 20:00)

- Hebrew Reading from Scratch (19:00 – 20:00)

- Judaism: The Essentials (20:00 – 21:45) “The Omer & Being Jewish in the UK”

- Jewish Mindfulness Meditation (20:00 – 21:00) “In Sound Mind, ‘Hear, O Israel!’”

Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)

- Talmud Class (13:00 – 14:15)

- Bridge (14:00 – 16:30)

- Year 7 Ulpan (17:30 – 18:30)

- Jewish Studies GCSE (18:30 – 20:00)

- Advanced Hadracha (18:30 – 20:00)

Friday

- Ruach Erev Shabbat (16:00 – 19:30)

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

- Sunday Morning Galim (10:00 – 12:30)

- Refugee Drop-In (14:00 – 16:00)

Save the Date:

Shavuot 5776: Shavu-what?!

Saturday 11 June and Sunday 12 June

On Saturday night 11 June we will join together for Havdallah and Ma'ariv at 22:30 before we study over midnight (finishing at approximately 00:15).

On Shavuot day (Sunday 12 June) we will start with an Espresso and Breakfast at 08:45 before our morning Shiur, starting at 09:00. Then, after a choice of two services (the Classical Service will start at 10:30, and our new intergenerational musical service at 11:00), we will join together for a chavurah picnic kiddush and lunch. Please bring a vegetarian dish to share. During lunch there will be further opportunities to study or simply enjoy each other's company.

After lunch, at approximately 13:30, we will go together to the Heath Extension for a game of rounders or more study with the rabbis, ending the day with Seudah and singing (finishing at 15:30).

My 100 Children: Film & Discussion with the Director

Thursday 2 June, 20:00-22:00

An award winning and moving film directed by Oshra Schwartz about psychologist Lena Kuchler and the orphaned survivor children she cared for after the Shoah. Hear in their words the challenges they faced in Poland and their rehabilitation in Israel. £5 recommended donation.

Community News: 20 - 21 May 2016

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Josh Clein and his family on the occasion of him becoming Bar Mitzvah and reading Torah with him community for the first time.

Sheila and Michael Angel on their 50th Wedding anniversary.

Jackie Goymour on the occasion of her special birthday.

Tracy Harris on the occasion of her special birthday.

Mark Harris on completing his period as chairman of Alyth.

On this Shabbat we join our thoughts with those who are mourning the death of:

Adrian Dell, husband of Judith Dell, father of Tracy, Stephen and Harriet and brother of David.

Irene Peck, mother of Mark Peck and Lucy Wiseman, sister of Harold and Anita.

We wish good memories to those marking the anniversary of the death of a loved one:

Erwin Adler, father of Renate Selo

Rubie Bentley, father of Donald Bentley and Roberta Bentley

Jonas Bolchover, father of Gillian Woolf

Vivienne Coben, mother of Susi Coben

Celia Davis, mother of Alan Davis

Vivienne Fridjohn, mother of Dorothy Sefton-Green and Sara Sayers

Adele Goldbard, mother of Shirley Curtis

David Goldich, father of Brian Goldich

Gunther Herzberg, father of Ruth Wellin

Nathan Horwitz, father of Cheryl Brodie

Walter Jackman, father of Robert Jackman

Stella Leaver, sister of Frank Curtis

Khanom Samyah, mother of Monazzam Samyah

Sonja Nemeth, mother of Hannah Jacobs

David Tobias, great uncle of Kate Albert and Elisabeth Shinder

Sam Twivy, father of Paul Twivy

Tom Weiner, husband of Sandra Weiner, father of Matthew Weiner and Julia Weiner

Saville Zamet, husband of Susan Zamet, father of Richard Zamet and Katherine Zamet

Contact Us

Please contact us if Alyth can help you in any way.

Lynette Sunderland *Director of Welfare and Life Cycle*
lynette@alyth.org.uk; 020 8457 8793

Adam Martin *Community Director*
adam@alyth.org.uk; 020 8457 8789

Songs for Erev Shabbat

Roll into Dark

בּוֹרָא יוֹם וְלַיְלָה. גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ וְחֹשֶׁךְ מִפְּנֵי אוֹר

Creator of day and night, rolling light into darkness, and darkness into light.

Roll into dark, roll into light.

Night becomes day, day turns to night.

Borei yom valailah, goleil or mip'nei choshech

goleil or mip'nei choshech v'choshech mip'nei or.

Counting the Omer

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר:

*Baruch attah Adonai eloheinu melech ha-olam,
asher kidd'shanu b'mitsvotav v'tsivanu al s'firat ha-omer.*

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy and who commands us to count the Omer.

הַיּוֹם שְׂמוֹנָה וְעֶשְׂרִים יוֹם שֶׁהֵם אַרְבָּעָה שָׁבוּעוֹת לְעֹמֶר:

Hayom shemonah v'errim yom la-omer, shehem arba'ah shavuot la-omer

This is the twenty-eighth day, making four weeks of the *Omer*

Haftarah for Shabbat B'har

Jeremiah 34:6-15

Then Jeremiah the prophet spoke all these words to Zedekiah king of Judah, in Jerusalem, when the army of the king of Babylon was fighting against Jerusalem and against all the cities of Judah that were left, Lachish and Azekah, for these were the only fortified cities of Judah that remained.

The word which came to Jeremiah from the Eternal after King Zedekiah had made a covenant with all the people in Jerusalem to proclaim a release among them that everyone should set free his Hebrew slaves, both male and female, and that no one should keep his fellow Judean enslaved.

Everyone, officials and people, who had entered into the covenant agreed to set their male and female slaves free and not keep them enslaved any longer; they complied and let them go. But afterward they turned about and brought back the men and women they had set free, and forced them into slavery again. Then it was that the word of the Eternal came to Jeremiah from the Eternal:

Thus said the Eternal, the God of Israel: I made a covenant with your fathers when I brought them out of the land of Egypt, the house of bondage, saying: "In the seventh year each of you must let go any fellow Hebrew who may be sold to you; when he has served you six years, you must set him free." But your fathers would not obey Me or give ear. Lately you turned about and did what is proper in My sight, and each of you proclaimed a release to his countrymen; and you made a covenant accordingly before Me in the House which bears My name.

Alyth

North Western Reform Synagogue
Alyth Gardens, NW11 7EN
www.alyth.org.uk
mail@alyth.org.uk
020 8455 6763

Rabbi Josh Levy
Rabbi Mark Goldsmith
Rabbi Colin Eimer
Rabbi Maurice Michaels



Alyth

To pray, to learn, to live. Together.



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.