

Around Alyth

May 2016



Alyth's Annual General Meeting

Sunday 15 May, 10:15-12:30

The highlight of year's AGM is going to be the presentation of the updated plans for the development of our building into a space which meets the modern needs of a progressive, diverse and thriving community such as ours. Please do come and find out more. Papers were posted to every member on 18 April. Further copies of the papers and the full version of the financial statement can be downloaded from www.alyth.org.uk.

Make a difference and stand for Council

If you would like to be involved in the decision-making body of the synagogue you need to stand for Alyth's Council. There are six places available in addition to the places for which current Council members are seeking re-election. Please email our Vice Chair, Noeleen Cohen at chair@alyth.org.uk if you have any questions about the process and what is involved. Applications need to be received by Friday 06 May.

Yom HaAtzmaut - Celebrating Mizrachi Israel

Wednesday 11 May

We are excited to be partnering the New Israel Fund in celebrate Israel's 68th birthday with a Mizrachi themed evening of tastes, sounds and exploration of heritage.

16:00 Yom HaAtzmaut Zones (for Pre-School - School Year 2 and School Years 3-6)

Join the Youth and Education Hub for a special Yom HaAtzmaut Zones where we will be creating a Batik Israeli flag, making our own hummus, baking star biscuits and lots more!

18:30 Yom HaZikaron Ceremony and Ma'ariv

A ceremony to commemorate those who have died through war and acts of terrorism in Israel.

19:00-22:00 A Mizrachi welcome (session times 19:30-20:30 & 20:45-21:45, all sessions repeated)

Mizrachi (literally Eastern) Jews are those whose family origins are from the Middle East and North Africa and who are now the majority of Israel's Jewish population. The evening will be an introduction to the history of Mizrachi communities and will offer an opportunity to delve into the immigration and absorption challenges they faced in the past, and the socio-economic and political issues still facing them today. We will also offer a chance to engage with Jewish textual and cultural riches that Mizrachi heritage has to offer, as well as a cookery demonstration of some of the Mizrachi food which has enriched Israel's gastronomy.

Joining us from Israel will be lawyer Tammy Katsabian from Shoham, a "think and do" tank that brings together Israeli citizens from different social groups, and Drori Yehoshua from Memizrach Shemesh, a Beit Midrash (House of Study) and Centre for Jewish Social Activism that focuses on the legacy of Mizrachi communities. Also joining us will be London-based Fabienne Viner Luzzato who will be making a few of her family's Tunisian recipes. Rabbi Mark and Rabbi Josh will be teaching about the history of Mizrachi communities in Israel.

Price: £10 for over 21 year olds; under 21s come free. Tickets will be sold on the door or can be booked with bonnie@alyth.org.uk or 020 8457 8784.

To pray. To learn.
To live. Together

Please find all staff contact details on the back page





Pray with us

Erev Shabbat Services

Kabbalat Shabbat Service

Fridays 06, 13, 20, 27 May, 18:30-19:30

The Shabbat Den

Friday 06 May, 16:15-16:45

Our Shabbat experience for pre-schoolers and their families with Chloe, our early-years educator and our Rabbis. Join us for song, stories and to meet new friends in Alyth's Shabbat Den.

Shabbat Morning Services

Saturday 07 May

Community Shabbat Service, 10:30-12:15

This service will draw on elements of our Classical and our Kollot services, and will be accompanied with a guitar. Includes the Bat Mitzvah of **Jasmin Salem**.

Tefillah Lab: New Prayers for a New Year

10:30-12:00

Over his Sabbatical Rabbi Mark worked with other Rabbis to create our new MRJ Machzor for Rosh Hashanah. This Shabbat service will be a first chance to experience some of the creativity which will inspire us these High Holy Days.

Saturday 14 May

Community Shabbat Service, 10:30-12:00

This service will draw on elements of our Classical and our Kollot services. Includes the Bat Mitzvah of **Natasha Bogod**. The sermon will be given by Jonathan Arkush, President of The Board of Deputies of British Jews. There will be no parallel service on this Shabbat morning.

Saturday 21 May

Classical Shabbat Service, 10:30-12:15

Includes the Bar Mitzvah of **Josh Clein**.

Big Bang, 11:00-12:00

Alyth's famous musical Shabbat experience with Rabbi Josh and the Big Bang musicians.

Saturday 28 May

Classical Shabbat Service, 10:30-12:15

Includes the Bar Mitzvah of **Oliver Shattock**.

Kollot, 10:30-12:00

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children.

Weekday Services

Sunday Shacharit

Sundays 01, 08, 15, 22, 29 May, 09:00-10:00

Our lay-led minyan followed by a bagel breakfast.

Evening Services

Evening services take place before meetings at 19:45. Please contact bonnie@alyth.org.uk if you would like evening prayers for the purpose of saying Kaddish.

Special this month

Yom Hashoah Ceremony

Wednesday 04 May, 20:00-21:00

Join Rabbi Colin, Lynette Sunderland and the Alyth Youth Singers for our annual commemoration of Yom HaShoah. Beginning with the lighting of a memorial candle by all present, followed by a short ma'ariv service, the evening will continue with testimonies and readings.

Yom HaZikaron Ma'ariv

Tuesday 10 May, 19:30-20:00

Rabbi Colin will be leading a special Ma'ariv (evening service) on the evening of Yom HaZikaron, which will include a commemoration of Israel's victims of war and terrorism. Following the ceremony Alyth's Film Club will be showing an Israeli film.



Learn with us

Hebrew reading from Scratch

Wednesdays 18 & 25 May, 19:00-20:00

Taught by Alyth member Jan Roseman, who has been one of the UK's leading Synagogue-based Jewish educators for the last few decades. Take an hour a week in term time to learn to read Hebrew from scratch.

Talmud Class

Thursdays 5, 12, 19, 26 May, 13:00-14:15

Our stimulating and friendly class which is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Contact mark@alyth.org.uk.

Judaism The Essentials: Mitzvot

Wednesdays, 20:00-21:45

A programme of short courses for those looking to consolidate the learning of a lifetime or coming to Judaism afresh. Run on Wednesday evenings in term time, with introductory sessions on the Jewish festivals interspersed throughout the course at appropriate times. Taught by Alyth's rabbis with Jon Epstein. Contact josh@alyth.org.uk to sign up.

There is no class on 4 or 11 May for Yom Hashoah and Yom HaAtzmaut.

18 May Jewish Ethics – Being commanded to be good

1 June Who is obligated? The role of Women in Jewish Life

Special this month

Alyth Film Club

Tuesday 10 May, 19:30-22:00

To mark Yom HaZikaron and Yom HaAtzmaut we will be screening an Israeli film. The evening will start with Ma'ariv and a short ceremony. Contact colin@alyth.org.uk.

Shiur: Kedoshim Tihyu - A Chassidic Approach to Dedication

Saturday 14 May, 09:15-10:15

God instructs Moses to be “Kedoshim tihyu” (you shall be holy) but does not specify what one must do in order to be holy. Join Yael Roberts, Alyth's Youth & Education worker to explore the Chassidic approach to dedication.

NEWMMM: Monthly Midrash in the Morning

Sunday 22 May 10:15-11:30

Midrash is, technically, any act of rabbinic biblical interpretation, but it is most often used to mean the way that the rabbis created new ideas and stories around the biblical narratives. In this new session, which we will be running once a month, join Rabbi Josh over danish, fruit and tea and coffee as we look at some of the most entertaining and insightful midrashim.

The next MMM will be on Sunday 19 June.

Israel Conversations: What's Up with the Start Up Nation?

Thursday 26 May, 20:00-22:00

With more start-up companies and venture capital invested per capita than any country in the world, and an economy which weathered recent global downturns with less injury than many others, Israel provides an example of modern chutzpah. Join us for a fascinating insider's perspective of the culture and business climate which has made the Israel success story possible. With Aryeh Green, senior advisor to Natan Sharansky and an executive for some of Israel's leading companies.

Shabbat Shiur: BeChukkotai in Kabbalah

Saturday 28 May, 09:15-10:15

Study the final portion of the Leviticus through the mystical source text of Kabbalah, the Zohar. In this section the Zohar struggles with what happened to God after the destruction of the Temple and what the meaning of charity is to God. With Rabbi Mark.

Leo Baeck College Shiur

Tuesday 31 May, 11:15-12:45

Rabbi Mark is teaching the LBC Shiur this week on the Torah portion Vayera, the portion of the first seven plagues against Egypt and Pharaoh. What will it take to soften Pharaoh's heart? At the Sternberg Centre, N3 2SY.

Be with us

Weekly Activities

Senior Club

Mondays, 14:00-16:00

Weekly activity and tea for our senior members.

09 Ted Adams "The Green Shield stamp story"

16 Norman Factor "What do you know about London"

23 Bob Redman "Elstree—Britain's Hollywood"

Alyth Choral Society

Tuesdays, 20:00-22:00

Exploring new repertoire while continuing to develop strengths in cantata and oratorio.

www.alythchoralsociety.org.

News, Views, Coffee & Schmooze

Wednesdays 11 & 25 May, 13:30-15:30

Join Lynette to discuss topical issues and stories.

Contact lynette@alyth.org.uk.

Jewish Mindfulness Meditation

Wednesdays, 20:00-21:00

Peace, quiet, contemplation and meditation in our Alyth Meditation Room.

Mellow Yoga for All Ages

Thursdays, 11:00-12:00

Contact Maxine Levy maxinelevy@mac.com.

Thursday Bridge@Alyth

Thursdays, 14:00-16:30

Please contact Sheila or Michael on 020 8455 9878 or Andrea on 020 7722 3993.

Synagogue Choir Rehearsal

Saturday 21 May, 09:00-10:00

We are always happy to welcome new members who are interested in learning about the liturgy and music of our service. Please contact katie@alyth.org.uk if you are interested in joining the choir.

Monthly Activities

Sunday Bridge@Alyth

Sunday 1 May, 19:30-22:00

For more information please contact Clive on 020 8361 5711.

Rosh Chodesh Women's Group: Cultivating Spirituality

Monday 09 May, 20:00-21:30

Our monthly celebration of the new moon in which women gather for sharing, learning and discussions. This month session is being held with our sister Rosh Chodesh Group at Finchley Progressive Synagogue. Rabbi Janet Burden will be talking about her article in the new collection of Women Rabbis' Sermons. Book with Jackie Goymour at honeyhill@btinternet.com.

Alyth Cycling Community

Sunday 08 May, 08:30-13:00

We meet at Alyth at 08:15 and leaves at 08:30.

For registration and more information please email laurancemendoza@aol.com.

Singing for Pleasure

Sunday 22 May, 15:00-17:00

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk.

Chat 'n' Soup

Friday 27 May, 12:00-14:00

Come and enjoy a tasty bowl of soup, listen to music, read the papers and enjoy good company. Both our members and people from outside Alyth are welcome to join us. For more information contact lynette@alyth.org.uk.

Alyth is a proud supporter
of Leo Baeck College.

Please contact josh@alyth.org.uk
if you would like to attend their
Annual Dinner on 25 May.



SAVE THE DATE

Alyth presents a Sing Along Grease night
for the whole community

Sunday 26 June, 19:00 - 21:30

Be with us

Special this month

Marriage Brunch

Sunday 08 May, 10:15-13:00

For couples who are just married or about to be married. There will be sessions on: The Wedding Ceremony & Customs, Building a Jewish Home, Ahavah, Achavah Shalom v'Re-ut and Creating a Jewish celebration after a mixed faith civil ceremony. Contact lynette@alyth.org.uk.

Yom HaAtzmaut

Wednesday 11 May, 19:00-20:00

See the front page for more information.

Outing: Botticelli Reimagined at the V&A

Wednesday 25 May, 10:00-14:00

Telling a story 500 years in the making, this is the largest Botticelli exhibition in Britain since 1930. Contact viv@alyth.org.uk.

Spring Ramble

Monday 30 May, 10:00-16:00

An 8 mile walk through Woburn Deer Park dotted with trees and lakes and a superb view of Woburn Abbey. Meet outside the Inn at Woburn, MK17 9PX. Contact viv@alyth.org.uk.

New Music Evening

Wednesday 18 May, 20:00-21:30

An opportunity to learn and sing new liturgical music with Rabbi Josh and Katie Hainbach, our Head of Music and Arts. We will learn a number of new pieces which will be sung across our range of services, as well as discussing how the music fits the liturgy. You do not need to read sheet music to attend this event, which is suitable for everyone including choir members and all those who love to sing in shul.

Attendees of previous sessions said: *"I really enjoyed hearing about the background to a piece of music - who the composer was, and how the piece came to be written". "I enjoyed watching the professionals working together, explaining their thinking about a piece of music and how, when and why it might fit into our services". "I enjoyed learning a new piece of music just for fun, without any pressure to 'perform'"*

For more information, contact katie@alyth.org.uk.

We wish all those going on the Ramble to Israel from 4 - 11 May, *nesiah tovah*.

Act with us

Monday Club

Mondays 09, 16, 23 May, 19:30-21:30

Our weekly club for people with learning difficulties. Contact Dennis Sher via the Synagogue Office to volunteer.

Shalom Supper

Friday 13 May, 19:30-21:30

Join members of JAMI and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment (*with the support of the Hampstead Garden Trust*). Contact lynette@alyth.org.uk.

Bayit Cham Lunch

Saturday 28 May, 12:30-14:00

Join us for a Shabbat lunch with fantastic food, company and discussion. No charge (although donations are welcome). To book and arrange transport contact lynette@alyth.org.uk.

Monthly Drop-in for Recent Refugees

Sunday 29 May, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment (*with the support of the Pears Foundation*). To volunteer please contact bonnie@alyth.org.uk.

Youth & Education Hub

Learn with us and Be with us

Please contact Sam Brunner for information about the provision for our younger members.

Youth & Education

Alyth Toddler Group

Mondays 09, 16, 23 May, 09:30-11:30

Toys, singing and refreshments for the children; coffee and chat for carers! £3 per child, £1 for a sibling.

On 16 May (10:30-11:00) we will have a special Baby Yoga session. Contact chloe@alyth.org.uk.

Year 7 Ulpan

Tuesdays 03, 10, 17, 24 May, 17:30-18:30 or

Thursdays 05, 12, 19, 26 May 17:30-18:30

Our Year 7 provision replacing the Sunday morning class to learn Hebrew and develop Jewish knowledge.

Kef Zone

Wednesdays 04, 11, 18, 25 May, 16:00-17:00

Our weekly club for all children in Primary School.

Jewish Studies GCSE (Year 10)

Thursdays 05, 12, 19, 26 May 18:30-20:00

Expand your Jewish knowledge and understanding.

Advanced Hadracha

Thursday 19 May 18:30-20:00

(School Years 10-13). Now that you've learnt the basics of Hadracha it is time to delve deeper and tackle challenging educational topics. Contact mike@alyth.org.uk.

Ruach Erev Shabbat

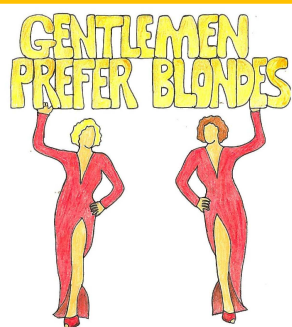
Fridays 06, 13, 20, 27 May, 16:15-19:30

Our Friday afternoon B'nei Mitzvah programme.

Sunday Morning Galim

Sundays 01, 08, 15, 22, 29 May, 10:00-12:45

Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.



Alyth Academy of Performing Arts present: Gentleman Prefer Blondes – The Musical

Sunday 1 May 2016, 15:00 & 19:00

Monday 2 May 2016, 15:00 & 19:00

Adults: £10, Concessions: £8, 12s – 18s: £3

Book with Sam on 020 8457 8796 or sam@alyth.org.uk

Choirs & Drama

PACT - Upbeat Drama

Wednesdays 04, 11, 18, 25 May, 17:00-17:30

(ages 4-7) If you like to sing, dance and act, then this musical theatre group is for you! Led by Jane Gordon from Upbeat Drama.

Alyth Children's Theatre

Wednesdays 04, 11, 18, 25 May, 17:00-18:30

Our children's theatre group for those in Years 3-7.

Alyth Youth Singers

Wednesdays 04, 11, 18, 25 May, 18:45-20:00

AYS, our youth choir for all post B'nei Mitzvah. Contact katie@alyth.org.uk.

Kids Choir

Fridays 06, 13, 20 May, 17:30-18:00

For anyone aged 4-12 years old. Join us and sing regularly at the Erev Shabbat Service. Contact katie@alyth.org.uk.



Learn with us and Be with us Youth & Education Hub

Please contact Sam Brunner for information about the provision for our younger members.

Special this month

Mentor Training

Thursday 05 May, 18:00-20:00

A glimpse into the future leadership opportunities at Alyth for all those who have had their Bar/Bat Mitzvah since December. Give back to your community by guiding those young people who are on their Bnei Mitzvah journeys. Contact mike@alyth.org.uk.

Year 8 Chavurah Supper

Friday 06 May, 18:30-21:30

Join other families for a communal dinner as you near the end of your Bar/Bat Mitzvah journey. A great opportunity to catch up with old friends and meet new ones. Please bring a vegetarian dish to share. Contact sam@alyth.org.uk.

AAPA After Show Social

Sunday 08 May, 18:00-21:00

The show is over but the socialising doesn't have to be! Have pizza and a good laugh with the cast and production team. Contact sam@alyth.org.uk.

Yom HaAtzmaut Zones

Wednesday 11 May, 16:00-17:00

See the front page for more information.

Alyth's Secret Cinema

Saturday 14 May, 16:00-20:00

For School Years 3 & 4

Join the Youth and Education Hub for another exciting secret cinema experience. Dinner will be included. Contact chloe@alyth.org.uk.

Picnic Lunch Film Screening

Sunday 15 May, 13:00-14:00

For Early Years

Join the Chloe for a picnic lunch whilst watching a special screening of "Ben and Holly". Contact chloe@alyth.org.uk.

Outing: Year 9 Bowling

Sunday 21 May, 19:00-21:00

Join us at Finchley Lido for an evening of bowling and fun. Contact sam@alyth.org.uk.

Lag B'Omer Zones

Wednesday 25 May, 16:00-17:00

For Pre-School - School Year 2

and School Years 3-6

Join the Youth and Education Hub for a special Lag B'Omer themed Zones.

Community News

We regret to announce the deaths of:

Gerald Baron Cohen, brother of Vivian Baron Cohen, husband of Daniella and father of Amnon, Erran and Sacha.

Mildred Gordon, mother of David Gordon

A warm welcome to our new members:

Joshua Adley

Stephanie Friedman

Jamie Beaumont & Keren Hirt

Chloe Kimmel

Jacqui, Julian, Harry & Solomon Segal



Contact us

Rabbinic Team

Rabbi Josh josh@alyth.org.uk
020 8457 8799

Rabbi Mark mark@alyth.org.uk
020 8455 8791

Rabbi Colin colin@alyth.org.uk
020 8455 6763

Rabbi Maurice maurice@alyth.org.uk
020 8455 6763

Community Director

Adam Martin adam@alyth.org.uk
020 8457 8789

Director of Welfare & Life Cycle

Lynette Sunderland lynette@alyth.org.uk
020 8457 8793

Head of Music & Arts

Katie Hainbach katie@alyth.org.uk
020 8457 8797

Fundraising & Development Co-ordinator

Sarah Langsford sarah@alyth.org.uk
020 8457 8787

Emeritus Director of Music

Viv Bellos viv@alyth.org.uk

Youth & Education Hub

Sam Brunner sam@alyth.org.uk
020 8457 8796

Mike Mendoza mike@alyth.org.uk
020 8457 8782

Chloe Kimmel chloe@alyth.org.uk
020 8457 8781

Yael Roberts yael@alyth.org.uk
020 8457 8782

Farah Josephs farah@alyth.org.uk
020 8457 8785

Community Administration Team

Bonnie Lemer bonnie@alyth.org.uk
020 8457 8784

Lesley Lass lesley@alyth.org.uk
020 8457 8786

Accounts Administrator

Lisa Kagan lisa@alyth.org.uk
020 8457 8788

Kindergarten

Cindy Summer cindy@alyth.org.uk
020 8457 8792

Mita Khara Kgadmin@alyth.org.uk
020 8457 8792

North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN

T 020 8455 6763

F 020 8731 8175

E mail@alyth.org.uk

Out of hours emergency care line

07726 631 808

Copy date: 10th of every month.
Please email comms@alyth.org.uk

www.alyth.org.uk

