

# This Shabbat – 4 Adar 5776

## Erev Shabbat

### 18:30 Kabbalat Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh, Katie Hainbach and the Alyth Youth Singers.

### 19:30 Shalom Supper

*in the Leo Baeck Hall*

Join members of JAMI and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment.

## Shabbat Morning

### Torah Reading: Shabbat T'rumah

	Exodus 25:1-22
Soncino	p326
Plaut (old)	p604
Plaut (new)	p545

### 9:15 Guest Shabbat Shiur - The Sugyot Every Reform Jew Should Know: Brachot 30b-31a

*in the Library*

For the last two years, Rabbi Josh has been running a series of shiurim looking at sugyot (discrete sense-units) in the Babylonian Talmud that are particularly important, interesting or entertaining. In this special guest edition with Rabbi Benji Stanley, we will consider the role of emotion and commandment in Reform Judaism, through the lens of a section from Tractate Brachot.

### 10:30 Community Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh and Justin Wise.

The Torah will be read by Leo Gatty.

The Haftarah (1 Kings 6: 1-13) will be read by Lucille Sher.

The sermon will be given by Rabbi Benji Stanley.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

## Sunday 14 February

### 10:30 - 12:00 Trip - Jewish History in the British Museum

Explore some of the most important extra-biblical artefacts from the ancient near-East in the heart of London. This trip is now full, please look out for future outings.

## Wednesday 17 February

### 13:30 - 15:30 News, Views, Coffee & Schmooze

Join Lynette to discuss topical issues and stories. Contact Lynette Sunderland at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### 20:00 - 21:30 Coffee House Poetry

Bring your favourite poem to share and discuss over delicious coffee and cake in a convivial atmosphere. Contact Viv Bellos at [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

## Friday 19 February

### 18:30 - 19:30 Kabbalat Shabbat Service

Led by Rabbi Colin.

### 19:30 - 21:30 Shabbat B'Yachad

Share a Shabbat meal and sing songs. Food is provided. For catering purposes please register, or to arrange transport contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

## Saturday 20 February

### 10:30 - 12:15 Classical Shabbat Service

Led by Rabbi Colin.

### 11:00 - 12:00 Big Bang Service

Alyth's famous musical Shabbat experience with Jessica Rosenfield and the Big Bang musicians.

## Sunday 21 February

### 10:00 - 17:15 Jewish Music Fair

Choose from 20 Jewish music sessions throughout the day with a chance to perform, participate, listen, learn, socialise, network, eat, drink and have a stimulating or relaxing day depending on your mood. Some of Britain's finest Jewish musicians will inspire and teach a vast array of workshops. Application forms can be found online at [www.jewishmusicfair.co.uk](http://www.jewishmusicfair.co.uk).



## Alyth Webcam

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

# Regular Activities This Week

For more information about any of our regular activities happening this week please go to our website at [www.alyth.org.uk](http://www.alyth.org.uk). All other regular activities return after half term.

## Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 - 10:00)
- Alyth Cycling Community (08:15 - 12:30)

## Monday

- Senior Club (14:00 - 16:00) Lynn Stringer entertains with her guitar

## Tuesday

- Alyth Choral Society (20:00 - 22:00)
- Winter Shelter

## Wednesday

- News, Views, Coffee & Schmooze (13:30 - 15:30)
- Jewish Mindfulness Meditation (20:00 - 21:00)
- Coffee House Poetry (20:00 - 21:30)

## Thursday

- Mellow Yoga for All Ages (11:00 - 12:00)
- Talmud (13:00 - 14:15)
- Bridge (14:00 - 16:30)

## Saturday

- Choir Rehearsal (09:00 - 10:00)

## Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 - 10:00)
- Alyth Academy of Performing Arts (18:00 - 21:00)

# Save the Date:

## Scholar-in-Residence, Rabbi Dr Lisa Grushcow

### Thursday 25 - Saturday 27 February

Alyth is delighted to welcome Rabbi Dr Lisa Grushcow, senior rabbi of Temple Emanu-El-Beth Sholom. Ordained at HUC-JIR, where she was a Wexner Graduate Fellow, she also earned her M.Phil. and D.Phil. from Oxford University, where she studied as a Rhodes Scholar. She is the author of *Writing the Wayward Wife: Rabbinic Interpretations of Sotah* (the ritual of the woman suspected of adultery in the book of Numbers). Among other publications, she also edited and contributed to *The Sacred Encounter: Jewish Perspectives on Sexuality* (CCAR Press, 2014), and is a contributor to *The Torah: A Women's Commentary*. Rabbi Dr Lisa Grushcow will be teaching:

- Thursday 25 February, 20:00-22:00 Many Waters Cannot Quench Love - Or Can They?
- Friday 26 February, 17:15-18:15 Ruach Parents Session: Transmitting Values to Teens - The Jewish Tradition of Ethical Wills
- Saturday 27 February, 09:15-10:15 Idolatry, Adultery, and Keeping the Faith

## Israel Conversations: Diversity Under Fire

### Monday 29 February, 20:00-22:00

While Israel's state-building achievements are remarkable, a state can only be as strong as the fabric of the society it represents. Join three speakers from Merchavim who come from diverse communities with different perspectives to shed light on some of Israel's critical issues.

## Community News: 12 - 13 February 2016

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Leo Gatty** and his family on the occasion of him becoming Bar Mitzvah and reading Torah with his community for the first time

**Lucille Sher** on the occasion of her 70<sup>th</sup> birthday

### On this Shabbat we join our thoughts with those who are mourning the death of:

**Rosi Altman**, grandmother of Stevie and David Altman, aunt of Cheryl Brodie

**Anthony Harris**, brother of Brian Harris

**Barrie Dannenberg**, brother of Doris Waxman

**Isobelle Harris**, mother of Suzy Harris and John Harris, sister of Conrad Wagner

**Andrew Lawty**, brother of Tracey Kieve and Bradley Luff

### We wish good memories to those marking the anniversary of the death of a loved one:

**Iran Aframian**, sister of Ata Aframian

**Isaac Balachofsky**, father of Woolf Balcon and Janie Balcon

**Bert Brudney**, father of Alan Brudney

**Daphne Colman**, mother of Philippa Wainer

**Miles Elton**, father of Caroline Elton and Lionel Elton

**Nicholas Enoch**, father of Philip Enoch

**Betty Fine**, mother of Michael Fine

**Kornelia (Nellie) Gellert**, mother of Andrew Gellert

**David Joseph Karet**, brother of Jerome Karet

**Kathe Licht**, mother of Ann Benson and Steven Licht

**Edward Mansell**, father of Josie Mansell, Richard Mansell and Deborah Mansell

**Hyman Matthews**, father of Roslyn Levitt

**Gertrude Mohr**, sister of Alfred Silvertown

**Hilda Mordecai**, mother of Aslan Mordecai

**Diana Nelson**, mother of Sarah Layton, sister of David Freedman

**Alice Phillips**, mother of Patricia Hasenson

**Judith Ritblat**, mother of Alison Rosenfeld

**Yvonne Searle**, sister of Helena Miller

**Constance Tree**, mother of Barbara Olins

**Edward Gordon Tulip**, father of Philippa Solovitz

**Enid Vyner**, mother of Martin Benson

**Annabel Wagner**, sister of Martin Benson

## Contact Us

Please contact us if Alyth can help you in any way.

**Lynette Sunderland** *Director of Welfare and Life Cycle*  
lynette@alyth.org.uk; 020 8457 8793

**Adam Martin** *Community Director*  
adam@alyth.org.uk; 020 8457 8789

## Songs for Erev Shabbat

### Adinu

I follow the religion of love  
Wherever love is found  
For love is my religion and my faith

*Adinu bidinill hubbi*  
*Anna tawaj-jahat raka'ibuhu*  
*fal hubbu dini wa imani*

### Hashkiveinu

הַשְׁכִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מִלְּכָנוּ לְחַיִּים

*Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim*

Spread the shelter of Your peace over us  
Guide us in wisdom, compassion and trust

Save us for the sake of Your name  
Shield us from hatred, sorrow and pain

## Haftarah for Shabbat T'rumah

### 1 Kings 6: 1-13

In the four hundred and eightieth year after the people of Israel came out of the land of Egypt, in the fourth year of Solomon's reign over Israel, in the month of Ziv, which is the second month, he began to build the house of the Eternal.

The house that King Solomon built for the Eternal was sixty cubits long, twenty cubits wide, and thirty cubits high.

The vestibule in front of the nave of the house was twenty cubits long, equal to the width of the house, and ten cubits deep in front of the house.

And he made for the house windows with recessed frames.

He also built a structure against the wall of the house, running around the walls of the house, both the nave and the inner sanctuary. And he made side chambers all around.

The lowest story was five cubits broad, the middle one was six cubits broad, and the third was seven cubits broad. For around the outside of the house he made offsets on the wall in order that the supporting beams should not be inserted into the walls of the house.

When the house was built, it was with stone prepared at the quarry, so that neither hammer nor axe nor any tool of iron was heard in the house while it was being built.

The entrance for the lowest story was on the south side of the house, and one went up by stairs to the middle story, and from the middle story to the third.

So he built the house and finished it, and he made the ceiling of the house of beams and planks of cedar.

He built the structure against the whole house, five cubits high, and it was joined to the house with timbers of cedar.

Now the word of the Eternal came to Solomon, "Concerning this house that you are building, if you will walk in my statutes and obey my rules and keep all my commandments and walk in them, then I will establish my word with you, which I spoke to David your father. And I will dwell among the children of Israel and will not forsake my people Israel."

## Alyth

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

Rabbi Josh Levy  
Rabbi Colin Eimer  
Rabbi Maurice Michaels  
Rabbi Mark Goldsmith (on Sabbatical)



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.