

# This Shabbat – 9 Kislev 5776

## Erev Shabbat

### 17:15 Ruach Parents Session

*in the Clergy Beit Midrash*

Taught by our rabbis in parallel with the Ruach programme. ‘Jewish worship... How music helps us to pray’ with Rabbi Josh.

### 18:30 Erev Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh, with the D'var Torah by Rabbi Mark.

## Shabbat Morning

### Torah Reading: Shabbat Vayetze

	Genesis 28:10-29:17
Soncino	p106
Plaut (old)	p194
Plaut (new)	p195

### 9:15 Shiur: Yaacov and Yakub – who is Jacob in Torah and Koran?

*in the Library*

Join Muslim scholar Rufaidah Al-Zeer and Rabbi Mark to study the story of Jacob in Jewish and Muslim texts. Rufaidah is a member of the Muslim-Christian forum.

### 10:30 Classical Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Mark.

The Torah portion will be read by Gabriel de Leuw and Nathalie de Leuw.

The Haftarah (Joshua 4:1-10) will be read by Rick Haller.

The sermon will be given by Rabbi Mark.

### 11:00 Big Bang Service

*in the Youth Hall*

Alyth's famous musical Shabbat experience with Rabbi Josh and the Big Bang musicians. As the nights close in we will enjoy a slightly more intimate environment and chilled vibe, with new melodies to warm our souls.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

## Sunday 22 November

### 10:00 Mitzvah Day

Make the world better with just your time & energy! Activities for adults include:

- Cook in for the Homeless: Join us for the morning to cook wholesome meals for our Alyth and Golders Green Parish Church Winter Shelter.

- The Alyth Action Group Listening Café: Come for half an hour to an hour to have a conversation about the challenges around mental well being and in finding support for mental health needs. This is part of a community wide listening project.

- Barnet Housing Needs Tour: 12:30 - 14:30. Please leave a message for Rabbi Mark on 020 8457 8791 to book your place to join people from all around Barnet Borough as we visit places of personal housing need, places where new homes are being built and challenging housing projects.

Activities for Children include collecting and packing sweets for refugees, making cards for Camp Simcha Children and JAT, present collection, decorating and packing for our Drop-in for Recent Refugees & more.

## Wednesday 25 November

### 19:00 - 21:30 Bereaved Partners Support Group

If you are suffering the loss of a partner or spouse, please join Lynette Sunderland and others in the same situation who can offer you support. For more information please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

### 20:00 - 21:30 Coffee House Poetry Evening

Bring your favourite poem to share and discuss over delicious coffee and cake in a convivial atmosphere. For more information please email [viv@alyth.org.uk](mailto:viv@alyth.org.uk).

### 20:00 – 21:45 Gateway to Judaism

Alyth's introduction to Judaism class, taught by Rabbi Josh with Jon Epstein.

This week: Rabbinic Literature 1: Halachah.

## Friday 27 November

### Alyth's Weekend Away

We'll pray, sing, learn and be together for two fun filled days in the Oxfordshire countryside. The weekend is for everyone in the community - young or old - and includes a full programme for children.

### 18:30 – 19:30 Kabbalat Shabbat Service

### 19:30 – 21:30 Shabbat B'Yachad

Join us for an Oneg Shabbat - share a Shabbat meal and sing songs. Food is provided. As many people will be at the Weekend Away this Shabbat please let Lynette know on this occasion in advance whether you will be attending by emailing [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

## Saturday 28 November

### 10:30 – 12:30 Shabbat Morning Service

Led by Rabbi Colin, including the Bat Mitzvah of Raphaella Lexton.

## Citizen's UK Shabbat Dinner Hospitality

Citizens UK is holding a National Refugee Resettlement Training Weekend on 27-29 November to help plan and train those involved in working with all local authorities in resettling the refugees from Syria. People from all over the UK will be gathering at Alyth for the weekend, many of whom have never been to a Synagogue before, and it would be wonderful if we could provide some of them with a Shabbat evening meal on Friday 27 November. Please email Bonnie at [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) if you are willing to host.

# Regular Activities This Week

For more information about any of our regular activities happening this week please go to our new website at [www.alyth.org.uk](http://www.alyth.org.uk).

## Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)
- Sunday Morning Galim (10:00 – 12:30)
- Alyth Academy of Performing Arts (18:00 – 21:00)

## Monday

- Alyth Toddler Group (09:30 – 11:30)
- Senior Club (14:00 – 16:00) Peter Baskin “Travel with my Gavel”
- Monday Club (19:30 – 21:30)

## Tuesday

- Year 7 Provision (17:30 – 18:30)
- Alyth Choral Society (20:00 – 22:00)

## Wednesday

- News, Views, Coffee & Schmooze (13:30 – 15:30)
- Kef Zone (16:00 – 17:30)
- Alyth Children's Theatre (17:00 – 18:30)
- Alyth Youth Singers (18:45 – 20:00)
- Gateway to Judaism (20:00 – 22:00)
- Jewish Mindfulness Meditation (20:00 – 21:00)

## Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)
- Talmud (13:00 – 14:15)
- Bridge (14:00 – 16:30)
- Year 7 Provision (17:30 – 18:30)
- Year 10 Hadracha (18:30 – 19:30)
- Jewish Studies GCSE (19:45 – 20:45)

## Sunday

- Monthly Drop-In for Recent Refugees (14:00 – 16:00)
- Alyth Academy of Performing Arts (18:00 – 21:00)

# Save the date

## Alyth's Chanukah Fiesta

### Saturday 12 December, 17:00-20:00

Our Chanukah Fiesta will include havdallah, dinner, a concert by Los Desterrados and fireworks. Open to the whole community. Los Desterrados bring vibrant new life to the ancient music of the Sephardic Jews. Featuring traditional instruments the unconventional arrangements are heavily influenced by rock n' roll, jazz, folk, flamenco, funk and soul.

Please register at [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk) or 020 8457 8784 (suggested donation of £10 for adults and £5 for children and concessions).

## Alyth Choral Society Concert: Haydn's “The Creation”

### Sunday 13 December, 19:00

Alyth Choral Society, with the Alyth Chamber Orchestra and soloists, presents this wonderful concert in memory of Malcolm Cottle (accompanist from 1992-2011). Tickets cost £15 (under 16s free). Go to [www.alythchoralsociety.org](http://www.alythchoralsociety.org) for more information and tickets. There will also be a pre-concert talk on The Creation at 18:20.

## Community News: 20-21 November 2015

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Gabriel de Leuw** and **Nathalie de Leuw** and their family on the occasion of them becoming B'nei Mitzvah and reading Torah with their community for the first time.

### We wish good memories to those marking the anniversary of the death of a loved one:

**Kitty Bellos**, mother of Viv Bellos

**Bill Benson**, father of Neil Benson

**Minnie Cohen**, mother of Joe Cohen

**David Davidson**, husband of Rachel Davidson, father of James Davidson

**Barnett Freedman**, father of Rosalind Springer

**Maureen Freedman**, sister of Rosalind Springer

**Tessie Haller**, mother of Rick Haller

**Sylvia Harris**, sister of Dennis Myers

**Roda Mary Hasenson**, mother of Alexander Hasenson

**Sonia Hirsch**, mother of Ursula Leigh

**Lily Lederman**, mother of Lawrence Lederman

**Richard Ruvn Levitt**, husband of Roslyn Levitt

**Regina Libson**, mother of John Libson and Susan Shear

**David Patterson**, father of Dan Patterson

**Lewis Phillips**, father of Patricia Hasenson

**Edith Propp**, mother of Alice Rodwell

**Henry Propp**, brother of Alice Rodwell

**Henry Rodwell**, husband of Alice Rodwell, father of Mark Rodwell

**Esther Rose**, mother of Jeffery Rose

**Rita Rosenberg**, mother of Helen Lederman

**Kate Salisch**, mother of Eva Salisch

**Elsie Savage**, mother of Cyril Savage and Gill Levison

**Maurice Winegarten**, husband of Avril Winegarten, father of Susie Benson and Robert Winegarten

## Alyth Webcam

The Alyth webcam is live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

## Alyth

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

Rabbi Mark Goldsmith  
Rabbi Josh Levy  
Rabbi Colin Eimer  
Rabbi Maurice Michaelis

## Songs for Erev Shabbat

### Hashkiveinu

הַשְׁכִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מִלְּפָנֶיךָ לְחַיִּים

*Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim*

Spread the shelter of Your peace over us  
Guide us in wisdom, compassion and trust

Save us for the sake of Your name  
Shield us from hatred, sorrow and pain

### Olam Chesed Yibaneh

עוֹלָם חֶסֶד יִבְנֶה

*Olam chesed yibaneh, yai dai dai, dai dai dai dai dai dai*

The world will be built with loving kindness (Psalm 89:3)

## Haftarah for Shabbat Vayetze

### Joshua 4:1-10

When all the nation had finished passing over the Jordan, the Eternal said to Joshua, "Take twelve men from the people, from each tribe a man, and command them, saying, 'Take twelve stones from here out of the midst of the Jordan, from the very place where the priests' feet stood firmly, and bring them over with you and lay them down in the place where you lodge tonight.'" Then Joshua called the twelve men from the people of Israel, whom he had appointed, a man from each tribe. And Joshua said to them, "Pass on before the ark of the Eternal your God into the midst of the Jordan, and take up each of you a stone upon his shoulder, according to the number of the tribes of the people of Israel, that this may be a sign among you. When your children ask in time to come, 'What do those stones mean to you?' then you shall tell them that the waters of the Jordan were cut off before the ark of the covenant of the Eternal. When it passed over the Jordan, the waters of the Jordan were cut off. So these stones shall be to the people of Israel a memorial forever."

And the people of Israel did just as Joshua commanded and took up twelve stones out of the midst of the Jordan, according to the number of the tribes of the people of Israel, just as the Eternal told Joshua. And they carried them over with them to the place where they lodged and laid them down there. And Joshua set up twelve stones in the midst of the Jordan, in the place where the feet of the priests bearing the ark of the covenant had stood; and they are there to this day. For the priests bearing the ark stood in the midst of the Jordan until everything was finished that the Eternal commanded Joshua to tell the people, according to all that Moses had commanded Joshua.

The people passed over in haste.

## Contact Us

Please contact us if Alyth can help you in any way.

### Lynette Sunderland

*Director of Welfare and Life Cycle*  
lynette@alyth.org.uk; 020 8457 8793

### Adam Martin

*Community Director*  
adam@alyth.org.uk; 020 8457 8789



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

