

Around Alyth

September 2015



The road through the High Holy Days

Please go to www.alyth.org.uk/hhd for full details about Alyth's High Holy Days services and sessions. Tickets have been posted to members. Please call Bonnie on 020 8457 8784 if you require any additional tickets

Wednesday 2 September This Year's Big Questions: Jewish Status

Saturday 5 September Selichot Film and Service

Wednesday 9 September Gateway to Judaism: The Jewish Year

Thursday 10 September Talmud Class: Tractate Rosh Hashanah

Sunday 13 September Erev Rosh Hashanah

Monday 14 September First Day Rosh Hashanah

Monday 14 September Tashlich Ramble and Ceremony

Monday 14 September Erev Second Day Rosh Hashanah

Tuesday 15 September Second Day Rosh Hashanah

Wednesday 16 September Gateway to Judaism:
Yom Kippur and Sukkot

Wednesday 16 September Ten Days Tea

Thursday 17 September Talmud Class: Tractate Yoma

Saturday 19 September Shabbat Shuvah Shiur and Service

Sunday 20 September Remembrance Service at Cheshunt

Sunday 20 September Reflections Tea

Tuesday 22 September Kol Nidre

Wednesday 23 September Yom Kippur

Sunday 27 September Sukkah Building Morning

Sunday 27 September Erev Sukkot

Monday 28 September Sukkot

Sunday 4 October Erev Simchat Torah

Monday 5 October Simchat Torah

Bar and Bat Mitzvah - September

05 Solomon Brass & Jeremy Weinstein

12 Zachary Brown

19 Evie Leibling-Blitz

26 Hannah Hyman

Mazel Tov to

Eva Freaon on celebrating her 90th Birthday.

Lauretta and Scott Bernstein on the birth of their son Jayden.

Shelley and Jonathan Goldman on the birth of their grandson Seth Harrison, a son for Lana and Jonathan Bond.

Belinda and Robert Shipton, on the birth of their granddaughter Audrey, a daughter for Oliver and Sarah and a new niece for Ben.

Jeanette and Martin Cohen on the engagement of their daughter Claire Cohen to Darren Keene.

To pray. To learn.
To live. Together

Please find all staff contact details on the back page



Pray with us

Friday Services

Kabbalat Shabbat Service *Fridays 4, 11, 18, 25 September, 18:30-19:30*

Kuddle Up Shabbat *Friday 4 September, 16:15-16:45*

Our monthly service with the clergy team for under 5s. A fun way to share the Jewish tradition with our youngest children.

Shabbat Services

Saturday 5 September

Classical Shabbat Service, 10:30-12:15

Tefillah Laboratory: Shir Chadashah, 11:00-12:00

A special service for the whole Alyth community, in which the feel and melodies of a guitar-led Friday night service are brought into a Shabbat morning. Led by Rabbi Josh.

Saturday 12 September

Kollot, 10:30-12:00

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children. This week Kollot will be in the Beit Tefillah.

Shabbat Healing Service, 10:30-12:00

A special service including prayer and inspirational texts to help us begin or continue coming to terms with challenges of all kinds. With Rabbi Mark and Lynette Sunderland.

Saturday 19 September

Classical Shabbat Service, 10:30-12:15

Saturday 26 September

Classical Shabbat Service, 10:30-12:15

Kollot, 10:30-12:00

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children. Kollot will be in the Beit Tefillah on 12th.

Other Services

Sunday Shacharit *Sundays 6, 13, 20, 27 September, 09:00-10:00*

Our lay led minyan followed by a bagel breakfast.

Evening Services 19:45

Evening services take place before meetings. If you would like evening prayers for the purpose of saying Kaddish, please [contact Bonnie](#).

Special Services & Sermons

Selichot Film and Service

Saturday 5 September, 20:00

We will start the evening with 'Crimes and Misdemeanours', a film that asks what happens when no one can see the mistakes we make. After refreshments, we will transition into a reflective choral service with Rabbi Mark and Viv Bellos, at 22:15.

Explanatory Service: "The bits in blue"

Saturday 19 September, 10:30

What do the blue sections of the siddur tell us about what we are doing at this time of year and in general. Led by Rabbi Maurice.

Remembrance Service at Cheshunt

Sunday 20 September, 11:00

One of the customs that has survived the centuries is that of visiting the cemetery between the beginning of the month of Elul and Yom Kippur. Join Rabbi Maurice for a Remembrance Service. If you require transport, or can offer a lift to someone else, contact Lynette by Wednesday 16th.

Shabbat Sermon by Rabbi Danny Frelander

Monday 28 September, 10:30

Rabbi Danny Frelander, President of the World Union for Progressive Judaism, will be giving the sermon at our Sukkot morning service.

Please see the special High Holy Days section of the website (www.alyth.org.uk/hhd) or your High Holy Days booklet for more details on our services and learning opportunities throughout September.

Learn with us

Regular Learning

Gateway to Judaism *Wednesdays, 20:00-21:45*

Alyth's introduction to Judaism class, taught by Rabbi Josh with Jon Epstein.

09 The Jewish Calendar

16 Yom Kippur, Sukkot and Simchat Torah

23 No class

30 No class

All are welcome. [Contact Rabbi Josh](#)

Talmud Class *Thursdays 3, 10, 17, 24 September, 13:00-14:15*

Our stimulating and friendly class which is open to all levels of Jewish knowledge taught by Rabbi Mark. *On 3 September the class will be taught by Rabbi Colin Eimer.*

[Contact Rabbi Mark](#)

Shiur: The Customs of Repentance *Saturday 19 September, 09:15-10:15*

An opportunity to look at some of the customs of these Days of Repentance and the meaning of t'shuvah to each of us personally. With Rabbi Maurice.

Sukkot Shiur: "We're all in this together" *Saturday 26 September, 09:15-10:15*

How the Lulav turned from a rainmaker to a symbol of Jewish unity and how a farmer's festival turned into a symbol of Jewish liberation. Study the meaning of Sukkot with Rabbi Mark.

Special this month

This Year's Big Questions: Jewish Status

Wednesday 2 September, 20:00-21:45

In this session with Rabbi Josh we will hear about the journey that brought our rabbis to this point, and we will think together about how the principles can be applied in practice at Alyth.

Shiur: Professor Simon Baron Cohen - Without Empathy is it Impossible to fix the Past Year?

Saturday 5 September, 09:15-10:15

Join one of the world's leading experts in autism and developmental psychopathology, Professor Simon Baron Cohen of the University of Cambridge, author of 'Zero Degrees of Empathy', for this fascinating shiur.

Be with us

Weekly Activities

Senior Club *Mondays, 14:00-16:00*

Weekly activity and tea for our senior members.

07 Judy Karbritz "Gadgets, Gingham and Corsets"

21 Roy Blass entertains

Alyth Choral Society *Tuesdays, 20:00-22:00*

Exploring a range of new repertoire while continuing to develop its strengths in cantata and oratorio. www.alythchoralsociety.org.

Jewish Mindfulness Meditation *Wednesdays, 20:00-21:00*

Peace, quiet, contemplation and meditation in our Alyth Meditation Room.

Contact Rabbi Mark.

Mellow Yoga for All Ages *Thursdays, 11:00-12:00*

Contact Maxine Levy maxinelevy@mac.com or 07957 270899.

Monthly Activities

Sunday Bridge@Alyth *Sunday 6 September, 19:30-22:00*

For more information please contact Clive on 020 8361 5711.

News, Views, Coffee & Schmooze *Wednesdays 16 & 30 September, 13:30-15:30*

Join Lynette to discuss topical issues and stories. [Contact Lynette](#).

Alyth Cycling Community *Sunday 6 September, 08:30-13:00*

This month we join the Gauchers Association on 'THE BIG BIKE RIDE', from London to Cambridge. For more information please email laurancemendoza@aol.com.

Shabbat B'Yachad (Shabbat Together) *Friday 25 September, 19:30-21:30*

Join us for an Oneg Shabbat - an opportunity to share a Shabbat meal and sing songs.

Food is provided. To book and arrange transport [contact Lynette](#).

Singing for Pleasure *Sunday 27 September, 15:00-17:00*

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. [Contact Viv](#).

Special this month

Jewish Mindfulness Meditation: for the Ten Days

Wednesday 16, Thursday 17 & Monday 21, 20:00-21:00,

Friday 18, 17:15-18:15

Saturday 19, 20:00-21:00 (offsite - please call Alyth for address),

Sunday 20, 10:15-11:15

Our Jewish Mindfulness Meditation sessions on each of the ten days of repentance will create a space of peace and reflection to give the days great meaning. Open to all, come to one or more session led by our team of facilitators.

Reflections Tea: The Challenge of Life's Ups and Downs

Sunday 20 September, 15:00-17:00

Together with Lynette, Naomi Cotten and Rabbi Maurice, we will reflect on both positive and not so positive changes in the past year. We will try to understand the lessons we may have learnt and how best to face future challenges in our lives.

Coffee House Poetry Evening

Wednesday 30 September, 20:00-21:30

Bring your favourite poem to share and discuss over delicious coffee and cake in a convivial atmosphere. [Contact Viv](#).

Act with us

Monday Club

Mondays 7, 21, September, 19:30-21:30

Our weekly club for people with learning difficulties.

If you are able to volunteer, please call Dennis Sher on 020 8458 3506 or email dennissher@hotmail.com.

Shalom Supper

Friday 11 September, 19:30-21:30

Join members of JAMI and Jewish Care's Shalom Centre for a Shabbat evening dinner and entertainment. [Contact Lynette](#).

Monthly Drop-in for Recent Refugees

Sunday 27 September, 14:00-16:00

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment. [Contact Bonnie](#).

We welcome new members:

Colette & Ben Assor

Natalie Coury, Chilli Reid, Joseph, Rosa & Dara Coury-Reid

Lisa Gross

Suzanne Korn

Alina Lau & Anaya Sangster

Gideon, Alexandra, Oscar & Benjamin Lyons

Michael Mendoza

Daniel Simon

Adam Solomon

We regret to announce the deaths of:

Ben Barrie, brother of Gloria Morgan

Sylvia Elks, mother of Laurence Elks and Ruth Oliver, and sister-in-law of Judith Cowen

Gerald Graham, husband of Valerie, father of Adena, and brother of Freda Ricardo

Ann Kennard, sister of Helen Paiba and David Joseph, mother of Veronica Kennard, Susan Bedein, Richard Kennard, Alison Berniger and James Kennard

Ludwig Levy

Gloria Marlow

Phillip Mendel, husband of Judy, father of Laura, Steven and Joanne Margolis

Evelyn Mendoza-Rosenbaum, aunt of Laurence Mendoza

Gladys Nathusius, mother of Susan and Jenny

Inge Silvertown, mother of Justin and Michael Silvertown, sister-in-law of Alfred Silvertown

Betty Smith, mother of Ruth Smith

Colin Van Gelder, husband of Gillian, father of David, Richard and Kathryn, brother of Michael and Roy

Leonard Wiseman, father of Stephen Wiseman.

Learn with us and Be with us - Youth & Education Hub

Our regular activities for 2015-2016 start throughout September

Please contact [Sam Brunner](mailto:sam@alyth.org.uk) if you have any questions about the provision for our younger members.

Youth & Education

Kef Zone

Wednesdays 9, 16, 30 September, 16:00-17:00
Our weekly club for all children in Primary School

Hadracha (Year 10)

Thursdays 10, 17, 24 September, 18:30-19:30
Our 10 week creative, fun and intensive leadership course. [Contact Mike](mailto:mike@alyth.org.uk)

Ruach Erev Shabbat

Fridays 11, 18, 25 September, 16:15-19:30
Our Friday afternoon B'nei Mitzvah programme.

Sunday Morning Galim

Sundays 20 & 27 September, 10:00-12:45
Our Sunday morning learning programme is a nourishing space for young people to build, develop and explore their Jewish identity.

Alyth Toddler Group

Monday 21 September, 09:30-11:30
Toys, singing and refreshments for the children; coffee and chat for carers! £3 per child, £1 for a sibling.

Jewish Studies GCSE (Year 10)

Thursday 24 September, 19:45-20:45
Expand your Jewish knowledge and understanding.

Year 7 Weekday Classes *New for this year*

Tuesday 29 September, 17:30-18:30 or
Thursday 1 October, 17:30-18:30
Our new Year 7 provision replacing the Sunday morning class. There is a choice of attending on Tuesdays or Thursdays

Choirs & Drama

Alyth Children's Theatre

Wednesdays 2, 9, 16, 30 September, 17:00-18:30
ACT, our children's theatre group for Years 3-7.

PACT - Upbeat Drama

Wednesdays 9, 16, 30 September, 17:00-17:30
(ages 4-7) If you like to sing, dance and act, then this musical theatre group is for you! Led by Jane Gordon from Upbeat Drama.

Alyth Youth Singers

Wednesdays 9, 16, 30 September, 18:45-20:00
AYS, our youth choir for all post B'nei Mitzvah. [Contact Viv](mailto:viv@alyth.org.uk)

Childrens Choir

Fridays 11, 18, 25 September, 17:30-18:00
For anyone aged 7-12 years old. This choir regularly sings at the Erev Shabbat Service.

Alyth Academy of Performing Arts

Sunday 20 September, 18:00-21:00
Our drama group for 13-18 year olds.

Special this month

Ten Days Tea Wednesday 16 September, 16:00-17:00

A festival tea for Primary School children to mark the transition between Rosh Hashanah and Yom Kippur.

Community Sukkah Building Morning Sunday 27 September, 11:00-12:45

Please bring some greenery and lots of fruit and vegetables to hang in the Sukkah.

Sukkot Tea Wednesday 30 September, 16:00-17:00

For Primary School children to enjoy a festive tea in the Sukkah.

Sukkot Sleepout Friday 2 - Saturday 3 October, 18:30-12:30

Our legendary sleepout for School Years 4-8. [Contact Sophie](mailto:sophie@alyth.org.uk)

Contact us

Clergy Team

Rabbi Mark	mark@alyth.org.uk	020 8457 8791
Rabbi Josh	josh@alyth.org.uk	020 8457 8799
Rabbi Maurice	maurice@alyth.org.uk	020 8457 8790

Community Director

Adam Martin	adam@alyth.org.uk	020 8457 8789
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Director of Welfare & Life Cycle

Lynette Sunderland	lynette@alyth.org.uk	020 8457 8793
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Director of Music

Viv Bellos	viv@alyth.org.uk	020 8457 8791
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Fundraising & Development Co-ordinator

Sarah Langsford	sarah@alyth.org.uk	020 8457 8787
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Youth & Education Hub

Sam Brunner	sam@alyth.org.uk	020 8457 8796
Mike Mendoza	mike@alyth.org.uk	020 8457 8782
Farah Josephs	farah@alyth.org.uk	020 8457 8785

Community Administration Team

Bonnie Lemer	bonnie@alyth.org.uk	020 8457 8784
Lesley Lass	lesley@alyth.org.uk	020 8457 8786

Accounts Administrator

Lisa Kagan	lisa@alyth.org.uk	020 8457 8788
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Head of Kindergarten

Cindy Summer	cindy@alyth.org.uk	020 8457 8792
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Kindergarten Administrator

Mita Khara	Kgadmin@alyth.org.uk	020 8457 8792
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North Western Reform Synagogue

Alyth Gardens, London, NW11 7EN
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Out of hours emergency care line 07726 631 808

Copy date: 10th of every month. Please email
comms@alyth.org.uk

www.alyth.org.uk