

This Shabbat –7 Elul 5775

Erev Shabbat

18:30 Erev Shabbat Service

in the Beit Tefillah

Led by Cantor Cheryl, Rabbi Mark and Viv Bellos.

Including a D'var Torah by Ron and Nadav, our Israeli Summer Madness madrichim from the Leo Baeck Centre, Haifa.

Shabbat Morning

Torah Reading: Parashat Shoftim

| | |
|-------------|------------------------|
| | Deuteronomy 20:10-21:9 |
| Soncino | p832 |
| Plaut (old) | p1475 |
| Plaut (new) | p1303 |

9:15 Shiur: Torah For Today

in the Library

An in-depth look at the week's Torah portion with Cantor Cheryl.

10:30 Classical Shabbat Service

in the Beit Tefillah

Led by Cantor Cheryl and Rabbi Mark.

The Torah portion will be read by Jan Roseman.

The Haftarah (Isaiah 51:12-22) will be read by Rachel Gerrard.

The sermon will be given by Rabbi Mark.

The service will also include the pre-wedding celebration of Elliot Bentley and Jessica Bryan.

Alyth Webcam

The Alyth webcam is live in the Beit Tefillah Kabbalat.

Shabbat and Saturday morning services can be viewed from our website.

Participants in the service will be in view when at the reading desk and opening the Ark doors.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Wednesday 26 – Sunday 30 August

Summer Madness

Our legendary, famous, epic summer camp for School years 3 - 8. A chance to experience four nights away in a safe and friendly environment. For more information please contact Sam Brunner on 020 8457 8796 or email sam@alyth.org.uk

20:00 - 22:00 High Holy Days Choir Rehearsal

Our special choir for the HHDs prepare for the services.

Friday 28 August

18:30 – 19:30 Kabbalat Shabbat Service

Led by Rabbi Maurice.

Saturday 29 August

10:30 – 12:30 Classical Shabbat Service

Led by Rabbi Maurice.

Sunday 30 August

14:00 – 16:00 Monthly Drop in for Recent Refugees

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

Volunteering Opportunities

We are very grateful to our members who volunteer in various capacities and help the synagogue to function. *Thank you.*

Kiddush Rota

We need more people to join the team of volunteers who prepare Kiddush on Saturday mornings before the service. If you are able to help out every few weeks please contact Bonnie at bonnie@alyth.org.uk or 020 8457 8784.

Security Co-ordinators

Our Shabbat security is organised by a team of volunteer co-ordinators. Each co-ordinator is responsible for organising their team of members. If you are able to help co-ordinate one of these teams, which takes only a few hours a month, please email alythsecurity@gmail.com.

Thursday Bridge

Our Thursday Bridge club requires volunteers to help host and welcome players. If you would like to volunteer please contact Bonnie at bonnie@alyth.org.uk or 020 8457 8784.

Monday Club & Shalom Suppers

Both our weekly Monday Club and regular Friday night Shalom Suppers provide space for adults with learning difficulties or mental health problems. If you are able to help at either of these please contact Lynette on 020 8457 8793 or lynette@alyth.org.uk.

Receptionist

The Alyth office is supported by a team of volunteer receptionists who welcome guests and visitors to the building. If you are able to help out once a week in the morning please contact Adam at adam@alyth.org.uk or 020 8457 8789.

Regular Activities This Week

The following activities are still taking place through the summer. Other regular activities return in September. For more information about any of our regular activities please go to our website at www.alyth.org.uk.

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

Monday

- Senior Club (14:00 – 16:00) Roy Blass Entertains

Wednesday

- Jewish Mindfulness Meditation (20:00 – 21:00)

Saturday

- Choir Rehearsal (09:15 – 10:00)

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

Dates for your Diary

This Year's Big Questions: Jewish Status

Wednesday 2 September, 20:00 – 21:45

In this session with Rabbi Josh, we will hear about the journey that brought our rabbis to this point, and we will think together about how the principles can be applied in practice at Alyth.

Shiur: Professor Simon Baron-Cohen - Without Empathy is it Impossible to fix the Past Year?

Saturday 5 September, 09:15 – 10:15

Join one of the world's leading experts in autism and developmental psychopathology, Professor Simon Baron-Cohen of the University of Cambridge, author of 'Zero Degrees of Empathy', for this fascinating shiur. Simon will also be giving the sermon in the Shabbat morning Classical service.

Tefillah Laboratory: Shira Chadashah

Saturday 5 September, 11:00

Return after the summer for a special service for the whole Alyth community, in which the feel and melodies of a guitar-led Friday night service are brought into a Shabbat morning. Led by Rabbi Josh.

Selichot Film and Service

Saturday 5 September, from 20:00

We will start the evening with Woody Allen's 'Crimes and Misdemeanours', a film that asks what happens when no one can see the mistakes we make. After light refreshments, we will transition into our reflective choral service with Rabbi Mark and Viv Bellos, beginning at 22:15.

Bike Ride

Sunday 6th September

Alyth in conjunction with The Gauchers Association, invite you to join 'THE BIG BIKE RIDE', from London to Cambridge. Email laurancemendoza@aol.com

Silver Cleaning for High Holy Days

Friday 11 September, 11:00 – 12:00

If you are able to help polish Alyth's silver for the High Holy Days on Friday 11th September at 11:00, please contact Bonnie Lemer on 020 8457 8784 or email bonnie@alyth.org.uk

Community News: 21-22 August 2015

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Elliot Bentley and Jessica Bryan and their families on the occasion of their forthcoming wedding.

Rachel Gerrard on celebrating her 70th birthday.

Belinda and Robert Shipton, on the birth of their granddaughter Audrey, a daughter for Oliver and Sarah and a new niece for Ben.

Oren Levene and his family on his recent Bar Mitzvah in Israel.

On this Shabbat we join our thoughts with those who are mourning the death of:

Ben Barrie, brother of Gloria Morgan.

Ann Kennard, sister of Helen Paiba and David Joseph, mother of Veronica Kennard, Susan Bedein, Richard Kennard, Alison Berniger and James Kennard.

Stone Setting Ceremony:

The stone setting for the late **Gwen Peterman** which will take place at Cheshunt Cemetery on Thursday 27 August at 11:00.

We wish good memories to those marking the anniversary of the death of a loved one:

Sylvia Brudney, mother of Alan Brudney

Mary Butchoff, mother of Martin Butchoff

Louis Clayton, father of Anne Gold

Rebecca Freedman, mother of Loretta Cohn

Ronald Fresco, father of Janet Elf

Nyman Libson, father of John Libson and Susan Shear

David Mendelsohn, father of Jan Roseman

Phil Michaels, husband of Abi Michaels, son of Lesley and Leslie Michaels, father of Isaac, Aaron and Seth Michaels, brother of Joe and Sam Michaels

Patricia Myers, wife of Norman Myers

Frank Smith, father of Richard Smith and Charles Smith

Sidney Smith, father of Rosemary Summers

Contact Us

Please contact us if anyone close to you is ill or if you need support in any other way

Lynette Sunderland *Director of Welfare and Life Cycle*
lynette@alyth.org.uk
020 8457 8793

Adam Martin *Community Director*
adam@alyth.org.uk
020 8457 8789

Haftarah for Shabbat Shoftim

Isaiah 51:12-22

I am the Eternal who comforts you!
What ails you that you fear
Man who must die,
Mortals who fare like grass?
You have forgotten the Eternal your Maker,
Who stretched out the skies and made firm the earth!
And you live all day in constant dread
Because of the rage of an oppressor
Who is aiming to cut [you] down.
Yet of what account is the rage of an oppressor?
Quickly the crouching one is freed;
He is not cut down and slain,
And he shall not want for food.
For I the Eternal your God—
Who stir up the sea into roaring waves,
Whose name is God of Hosts—
Have put My words in your mouth
And sheltered you with My hand;
I, who planted the skies and made firm the earth,
Have said to Zion: You are My people!
Rouse, rouse yourself!
Arise, O Jerusalem,
You who from the Eternal's hand
Have drunk the cup of God's wrath,
You who have drained to the dregs
The bowl, the cup of reeling!
She has none to guide her
Of all the sons she bore;
None takes her by the hand,
Of all the sons she reared.

These two things have befallen you:
Wrack and ruin—who can console you?
Famine and sword – how shall I comfort you?
Your sons lie in a swoon
At the corner of every street—
Like an antelope caught in a net—
Drunk with the wrath of the Eternal,
With the rebuke of your God.
Therefore,
Listen to this, unhappy one,
Who are drunk, but not with wine!
Thus said the Almighty, your Eternal,
Your God who champions His people:
Herewith I take from your hand
The cup of reeling,
The bowl, the cup of My wrath;
You shall never drink it again.

Alyth

North Western Reform Synagogue
Alyth Gardens, NW11 7EN
www.alyth.org.uk
mail@alyth.org.uk
020 8455 6763

Rabbi Mark Goldsmith
Rabbi Josh Levy
Cantor Cheryl Wunch
Rabbi Maurice Michaels



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team.
Shabbat Shalom.

