

This Shabbat – 16 Av 5775

Erev Shabbat

18:30 Erev Shabbat Service

in the Beit Tefillah

Led by Rabbi Josh and Viv Bellos.

We are delighted to welcome Dame Tessa Jowell to Alyth.

Shabbat Morning

Torah Reading: Parashat Va-etchannan

| | |
|-------------|--------------------|
| | Deuteronomy 6:1-25 |
| Soncino | p769 |
| Plaut (old) | p1366 |
| Plaut (new) | p1201 |

10:30 Community Shabbat Morning Service

in the Beit Tefillah

Led by Cantor Cheryl.

The Torah portion will be read by Isaac Howard and Jack MacArthur.

The Haftarah (Isaiah 40:1-11) will be read by Andrew Gellert.

The sermon will be given by Rabbi Dr Deborah Kahn-Harris.

Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

Shabbat Shalom

This Week

Sunday 2 August

15:00 – 17:00 Singing For Pleasure

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact Viv on 020 8457 8783 or email viv@alyth.org.uk

19:30 – 22:00 Bridge

For more information please contact Clive on 020 8361 5711

Wednesday 5 August

13:30 – 15:30 News, Views, Coffee & Schmooze

Join Lynette to discuss topical issues and stories over a cup of tea and some cake. Contact lynette@alyth.org.uk for more information.

Friday 7 August

16:15 – 17:15 Kuddle Up Shabbat Service

Our monthly service for under 5s, a fun way to share the Jewish tradition with our youngest children. This month led by Cantor Cheryl.

18:30 – 19:30 Kabbalat Shabbat Service

Led by Cantor Cheryl.

Saturday 8 August

9:15 – 10:15 Shiur: The Troublesome Second Paragraph of the Shema

Join us as we look at why the second paragraph of the Shema, found in this week's portion, has been so challenging for Progressive Jews. With Rabbi Josh.

10:30 – 12:30 Classical Shabbat Service

Led by Rabbi Josh. This will be a Kollot style service in the Beit Tefillah.

Sunday 9 August

08:30 – 13:00 Alyth Cycling Community

Our monthly cycle ride meets at Alyth at 8:15 and leaves at 8:30. For registration and more information please email laurancemendoza@aol.com

09:00 – 10:00 Sunday Shacharit & Bagel Breakfast

Our lay led minyan followed by a bagel breakfast will this week be held at *12 Asmunds Hill, NW11 6ET*.

Alyth Webcam

The Alyth webcam is live in the Beit Tefillah Kabbalat.

Shabbat and Saturday morning services can be viewed from our website.

Participants in the service will be in view when at the reading desk and opening the Ark doors.

Regular Activities This Week

The following activities are still taking place through the summer. Other regular activities return in September. For more information about any of our regular activities please go to our website at www.alyth.org.uk.

Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

Monday

- Senior Club (14:00 – 16:00) Anne Ludner “Why Gardens”

Wednesday

- Jewish Mindfulness Meditation (20:00 – 21:00)

Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)

- Bridge@Alyth (14:00 – 16:30)

Dates for your Diary

Rosh Chodesh Women's Group

Thursday 13 August, 20:00 – 21:00

Our monthly celebration of the new moon in which women gather for sharing, learning and discussions. This month: Dinner and Discussion, an informal evening at a home in NW11. Contact Jackie 020 8455 6433 or email honeyhill@btinternet.com

This Year's Big Questions: Jewish Status

Wednesday 2 September, 20:00 – 21:45

July saw the release of a position paper from the Assembly of Reform Rabbis presenting a new way of welcoming those with one Jewish parent into our communities. In this session with Rabbi Josh, who is also Vice-Chair of the Assembly, we will hear about the journey that brought our rabbis to this point, and we will think together about how the principles can be applied in practice at Alyth.

Shiur: Professor Simon Baron-Cohen - Without Empathy is it Impossible to fix the Past Year?

Saturday 5 September, 09:15 – 10:15

Empathy, attempting to understand why the other person is upset, is our most valuable social resource because it has the power to resolve conflicts. But what happens where empathy is lacking? Join one of the world's leading experts in autism and developmental psychopathology, Professor Simon Baron-Cohen of the University of Cambridge, author of 'Zero Degrees of Empathy', for this fascinating shiur. Simon will also be giving the sermon in the Shabbat morning Classical service.

Tefillah Laboratory: Shira Chadashah

Saturday 5 September, 11:00

20:00 – 21:45

Return after the summer for a special service for the whole Alyth community, in which the feel and melodies of a guitar-led Friday night service are brought into a Shabbat morning. Led by Rabbi Josh.

Community News: 31 July –1 August 2015

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Isaac Howard and his family on the occasion of him becoming Bar Mitzvah and reading Torah with his community for the first time.

Jack MacArthur and his family on the occasion of him becoming Bar Mitzvah and reading Torah with his community for the first time.

On this Shabbat we join our thoughts with those who are mourning the death of:

Our member **Gloria Marlow**

We wish good memories to those marking the anniversary of the death of a loved one:

Ann Blackman, wife of Mervyn Blackman, mother of Julia Byrne, Sally Lask and Alexandra Blackman

Sydney Clouts, husband of Marjorie Clouts

Tessa Cohen, mother of Edward Cohen

Ronald Cole, husband of Doris Cole, father of Keith Cole

Andrej (Bandi) Gellert, uncle of Andrew Gellert

Leon Israel, father of Martin Israel

Walter Katz, husband of Malli Katz

Jean Kay, mother of Lucille Cohen

Alfred Kayton, father of Anita Simon

Peter Klein, father of Michael Klein

Eric Koehne, brother of Stephen Koehne

Ethel Levi, wife of Henry Levi

David Lipschitz, father of Lucille Sher

Hannah Oppenheim

Raphael Pitchon, father of Regina Pitchon

Laura Thorn, sister of Gerald Leyens

Contact Us

Please contact us if anyone close to you is ill or if you need support in any other way

Lynette Sunderland *Director of Welfare and Life Cycle*
lynette@alyth.org.uk
020 8457 8793

Adam Martin *Community Director*
adam@alyth.org.uk
020 8457 8789

Haftarah for Shabbat Va-etchannan/Nachamu

Isaiah 40:1-11

This is the special haftarah for Shabbat Nachamu (the Shabbat of Comfort), the Shabbat immediately following Tisha B'Av.

Comfort, oh comfort My people,
Says your God.
Speak tenderly to Jerusalem,
And declare to her
That her term of service is over,
That her iniquity is expiated;
For she has received at the hand of the Eternal
Double for all her sins.
A voice rings out:
"Clear in the desert
A road for the Eternal!
Level in the wilderness
A highway for our God!
Let every valley be raised,
Every hill and mound made low.
Let the rugged ground become level
And the ridges become a plain.
The Presence of the Eternal shall appear,
And all flesh, as one, shall behold—
For the Eternal GOD has spoken."
A voice rings out: "Proclaim!"
Another asks, "What shall I proclaim?"
"All flesh is grass,
All its goodness like flowers of the field:
Grass withers, flowers fade
When the breath of the Eternal blows on them.
Indeed, man is but grass:
Grass withers, flowers fade—
But the word of our God is always fulfilled!"
Ascend a lofty mountain,
O herald of joy to Zion;
Raise your voice with power,
O herald of joy to Jerusalem—
Raise it, have no fear;
Announce to the cities of Judah:
Behold your God!
Behold, the Eternal GOD comes in might,
And God's arm wins triumph for God;
See, God's reward is with God,
God's recompense before the Eternal.

Alyth

North Western Reform Synagogue
Alyth Gardens, NW11 7EN
www.alyth.org.uk
mail@alyth.org.uk
020 8455 6763

Rabbi Mark Goldsmith
Rabbi Josh Levy
Cantor Cheryl Wunch
Rabbi Maurice Michaels



Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team.
Shabbat Shalom.