

# This Shabbat – 17 Tammuz 5775

## Erev Shabbat

### 16:15 Kuddle Up Shabbat & Tea

*in the Beit Tefillah*

Our monthly service with the clergy team for under 5s. This month join us after the service for a special tea.

### 18:30 Erev Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh, Viv Bellos and The Alyth Youth Singers.

The D'var Torah will be given by Rabbi Oded Mazor from the Leo Baeck Education Center in Haifa.

The service will include a summer blessing for our young members who are going on Summer Camps or Israel Tours with Youth Movements or with Alyth and the baby blessing of Thomas James Levy-Marley.

## Shabbat Morning

### Torah Reading: Parashat Balak

Numbers 24:1–18. Soncino, p677; Plaut (old), p1178; Plaut (new), p1056.

### 9:15 – 10:15 Shiur: Lessons from donkeys, camels & other animals

*in the Library*

From the story of Balaam's donkey to other animal stories in Jewish texts.

Explore the character of righteous animals, what they teach us and why. With Rabbi Oded Mazor from the Leo Baeck Education Center in Haifa.

### 10:30 Classical Service

*in the Beit Tefillah*

Led by Rabbi Mark.

The Torah portion will be read by Angelica Levy Ephraums.

The Haftarah (Joshua 24:1-10) will be read by David Finlay. The sermon will be given by Rabbi Oded Mazor. The service will include the baby naming of Daniella Gerrard.

### 11:00 Tefillah Laboratory: Tefillah Jam

*in the Youth Hall*

Bring your instruments and your voices to the first ever Alyth Tefillah Jam.

Join Rabbi Josh and the Big Bang musicians as we learn six prayers from different parts of the morning liturgy before we 'jam' them together.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat Shalom**

# This Week

## Sunday 5 July

### 15:30 – 16:30 Miriam Hyman Memorial Trust Bike Ride and Hospitality to Leeds 7/7 Commemoration

Forty cyclists are riding from Oxford to Tavistock Square, via Alyth, to commemorate Miriam Hyman z"l who was killed in the 7/7 bombings. Alyth is also hosting a group from the Mosques, Churches and Synagogues of Leeds who are working to challenge the hate ideology which inspired the attacks. Please see Rabbi Mark if you would like to help us to host them.

### 17:15 – 19:00 Alyth Choral Society: The Mikado

The Alyth Choral Society perform Gilbert and Sullivan's "The Mikado" at an outdoor concert at The Bothy Garden, Stephen's House, N3 3QE. For more info go to [www.alythchoralsociety.org](http://www.alythchoralsociety.org).

## Wednesday 8 July

### 10:30 – 12:00 Threads Group Training

We are holding a training session for anyone interested in taking part in the Threads Group new project of creating an Omer Calendar. If you are interested in joining the group please email [bonnie@alyth.org.uk](mailto:bonnie@alyth.org.uk).

### 19:00 – 21:00 Alyth Youth Singers: End of Year Reunion Concert

If you've ever sung in AYS (since 1983) join us for Viv's last reunion concert.

### 20:00 – 21:45 Gateway to Judaism

Alyth's introduction to Judaism class, taught by Rabbi Josh with Jon Epstein. This Week: Jewish theology and Tisha B'Av

## Thursday 9 - Sunday 12 July

### Shirei Chagigah & MRJ Choirs Festival

Learn from world experts in Jewish liturgical music at Alyth and FRS. Faculty includes Cantor Cheryl, Rabbi Josh, Viv Bellos and internationally renowned teachers. [www.reformjudaism.org.uk/music](http://www.reformjudaism.org.uk/music).

## Friday 10 July

### 18:30 – 19:30 Kabbalat Shabbat Service

Led by Rabbi Mark. The D'var Torah will be given by David-Yehuda Stern to mark his last Ruach class.

### 19:30 – 21:30 Year 7 End of Year Chavurah Dinner

Celebrate the last day of the Ruach Term by bringing a vegetarian dish to share. Contact [sam@alyth.org.uk](mailto:sam@alyth.org.uk) for more information.

## Saturday 11 July

### 10:30 – 12:30 Classical Shabbat Service

Including the Bar Mitzvah of Max Krut and the Aufruf of Elliot Kenton and Jennifer Orchudesh. Led by Rabbi Mark.

### 11:00 – 12:00 Kollot Service

Our informal, participatory minyan, mostly in Hebrew, chanted and sung. Includes a supervised area for children. Led by Rabbi Josh and Justin Wise. The D'var Torah will be delivered by Steve Miller. The Torah portion will be read by Gordon Smith.

## Sunday 12 July

### 18:30 – 20:00 Concert: Noah Aronson and Noam Katz

Shirei Chagigah and the Choirs Festival closes with a concert at Alyth open to everyone by Noah Aronson and Noam Katz: an evening of contemporary Jewish music. Go to <http://tinyurl.com/NoahAndNoam> for tickets (£10).

Noah will be leading a special Shabbat morning service with Cantor Cheryl on **Saturday 18 July (10:30)**. The service will include music that is familiar to Alyth and music composed by Noah.

# Regular Activities This Week

For more information about any of our regular activities happening this week please go to our new website at [www.alyth.org.uk](http://www.alyth.org.uk)

## Saturday

- Synagogue Choir Rehearsal (09:15 – 10:00)

## Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

- Sunday Morning Galim (10:00 – 12:45)

- Sunday Bridge (19:30 – 22:00)

## Monday

- Alyth Toddler Group (09:30 – 11:30)

- Senior Club (14:00 – 16:00) Roy Blass entertains

- Monday Club (19:30 – 21:30)

## Wednesday

- News, Views, Coffee & Schmooze (13:30 – 15:30)

- Kef Zone (16:00 – 17:30)

16:00 – 16:30 Drop in

16:30 – 17:00 Children's Choir or  
The Workshop

17:00 – 17:30 PACT with Upbeat Drama

- Alyth Children's Theatre (17:00 – 18:30)

- Jewish Mindfulness Meditation (20:00 – 21:00)

## Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)

- Talmud class (13:00 – 14:15)

- Bridge@Alyth (14:00 – 16:30)

## Friday

- Ruach Erev Shabbat (16:15 – 19:30)

## Sunday

- Alyth Cycle Community (08:15 – 13:00)

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

# Dates for your Diary

## Wednesday 22 July

### 20:00 – 21:30 Building: Community Forum

How can our building evolve to meet the changing needs of a developing community? Come and hear some of the thinking that has been done into how the space could be developed to better accommodate our activities, including how we can create more welcoming gathering areas, and better spaces for our parallel services. Share your thoughts and priorities for the building with the shul's leadership.

## Saturday 25 July

### 09:15 – 10:15 Shiur: The Sugyot Every Reform Jew Should Know Tisha B'Av Special - Why was Jerusalem destroyed?

A sugya is a discrete section of the Babylonian Talmud. In this shiur, with Rabbi Josh, we will be looking at a sugya about the destruction of Jerusalem.

### 22:00 Erev Tisha B'Av

Join Rabbi Josh and Rabbi Miriam Berger for Havdallah, Ma'ariv and Eicha, jointly with our friends from Finchley Reform Synagogue.

## Community News: 3 – 4 July 2015

We welcome **Rabbi Oded Mazor** from the Leo Baeck Education Center in Haifa Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Angelica Levy Ephraums** and her family on the occasion of her becoming Bat Mitzvah and reading Torah with her community for the first time.

The Levy and Marley families on the baby blessing of **Thomas James Levy-Marley**.

The Gerrard and Fleishman families on the baby naming of **Daniella Gerrard**.

### On this Shabbat we join our thoughts with those who are mourning the deaths of:

**Leonard Wiseman**, father of Stephen Wiseman.

**Ludwig Levy**

### We wish good memories to those marking the anniversary of the death of a loved one:

**Moshe Baron Cohen**, father of Vivian Baron Cohen

**Nicholas Breslaw**, son of Sheila and Jeffrey Breslaw

**Charlotte Cassell**, mother of Jennifer Emanuel

**Henry Myer Cooper**, father of Jacqueline Leigh

**Samuel Donnenberg**, father of Carol Lubliner

**Eva Elks**, mother of Judith Cowen

**Miriam Esterman**, mother of Susan Fulcher and Michele Esterman

**Rose Finlay**, mother of David Finlay

**Abraham Freedman**, father of Naomi Perry

**Alexander Gellert**, father of Andrew Gellert

**Miriam Gilbert**, mother of Jill Young, sister of Judith Cowen

**Lorna Lipman**, mother of Gary Lipman, Mandy Antell and Sara Silvor

**Hetty Monjack**, sister of Janie Balcon and Woolf Balcon

**Janet Scott**, sister of Susi Coben

**Bernard Simon**, husband of Anita Simon, father of Michael Simon and Paul Simon

**Trudy Springson**, mother of Trisha Reik

**Tsilla Tamir**, mother of Noam Tamir

## Contact Us

Please contact us if anyone close to you is ill or if you need support in any other way

**Lynette Sunderland** *Director of Welfare and Life Cycle*  
lynette@alyth.org.uk  
020 8457 8793

**Adam Martin** *Community Director*  
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020 8457 8789

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

Rabbi Mark Goldsmith  
Rabbi Josh Levy  
Cantor Cheryl Wunch  
Rabbi Maurice Michaels

## Supplement for Friday Night

### Blessing for those going on Summer Camps and Israel Tours

*Mi Sheberach Avoteinu v'Imoteinu*

May the One who was a source of blessing for our ancestors in their journeys be a source of blessing for these, our children, as they prepare to embark on their journeys this summer.

May it be Your will, Eternal God, that You direct their footsteps in peace, so they enjoy a summer of joy and happiness, of safety and peace.

May each of them make their own contribution to the learning and laughter they will enjoy, so that each can say "May the divine presence rest upon the work of my hands"

Blessed are You, our Living God, whose presence journeys with Your people.

בָּרוּךְ אַתָּה יְהוָה שֶׁשְׂכַיְנָתְךָ נוֹסְעֵת עִם עַמֶּךָ:

*Baruch attah Adonai, she'sh'chinat'cha nosa'at im ammecha*

### Hashkiveinu

הַשְׂכִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מִלְּפָנֶיךָ לְחַיִּים

*Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim*

Spread the shelter of Your peace over us  
Guide us in wisdom, compassion and trust

Save us for the sake of Your name  
Shield us from hatred, sorrow and pain

### Tefillah

<sup>1</sup>*Hu ha'yoshev lo ei sham bamromim*

*Hu ha'rofe kol cholim*

*Hu ha'noten rov simcha lailadim*

*Hu ha'ose mishpatim*

<sup>2</sup>*Hu ba'shamayim*

*V'hu ha'yachid*

*Hu ha'gadol ha'nora*

*Hu ha'shomer aleinu mitzara...Eloha*

<sup>3</sup>*Shmor na aleinu k'mo y'ladim*

*Shmor na v'al ta'aazov*

*Ten lanu or v'simchat ne'urim*

*Ten lanu ko'ach od va'od*

*Ten lanu gam le'ehov*

<sup>4</sup>*Ma k'var notar lanu od ba'yamim*

*Ma k'var notar kol hayom*

*Shemesh, tikva va'hamon mabatim*

*Laila v'yom shel chalom*

## Haftarah for Shabbat Balak

### Joshua 24:1-10

Joshua assembled all the tribes of Israel at Shechem. He summoned Israel's elders and commanders, magistrates and officers; and they presented themselves before God. Then Joshua said to all the people, "Thus said the Eternal, the God of Israel: In olden times, your forefathers Terah, father of Abraham and father of Nahor lived beyond the Euphrates and worshiped other gods. But I took your father Abraham from beyond the Euphrates and led him through the whole land of Canaan and multiplied his offspring. I gave him Isaac.

And to Isaac I gave Jacob and Esau. I gave Esau the hill country of Seir as his possession, while Jacob and his children went down to Egypt. Then I sent Moses and Aaron, and I plagued Egypt with [the wonders] that I wrought in their midst, after which I freed you.

I freed your fathers from Egypt, and you came to the Sea. But the Egyptians pursued your fathers to the Sea of Reeds with chariots and horsemen. They cried out to the Eternal, and God put darkness between you and the Egyptians; then God brought the Sea upon them, and it covered them. Your own eyes saw what I did to the Egyptians. "After you had lived a long time in the wilderness, I brought you to the land of the Amorites who lived beyond the Jordan. They gave battle to you, but I delivered them into your hands; I annihilated them for you, and you took possession of their land.

There upon Balak son of Zippor, the King of Moab, made ready to attack Israel. He sent for Balaam son of Beor to curse you, but I refused to listen to Balaam; he had to bless you, and thus I saved you from him."



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.