

# This Shabbat – 12 Sivan 5775

## Erev Shabbat

### 18:30 Erev Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Josh.

### 18:30 Shabbat B'Yachad (Shabbat Together)

*in the Leo Baeck Hall*

Join us for an Oneg Shabbat, an opportunity to share a Shabbat meal and sing songs.

## Shabbat Morning

### Torah Reading: Parashat Naso

	Numbers 6:22-7:11
Soncino	p594
Plaut (old)	p1064
Plaut (new)	p930

### 10:30 Classical Service

*in the Beit Tefillah*

Led by Rabbi Josh.

The Study Passage will be on page 523.

The Torah portion will be read by Connie Freedman.

The Haftarah (1 Kings 8:54-63) will be read by David Baker.

The sermon will be given by Rabbi Josh.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat shalom**

# This Week

## Sunday 31 May

### 14:00 – 16:00 Monthly Drop-in for Recent Refugees

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

## Wednesday 3 June

### 20:00 – 21:30 The Jew Bill of 1753

In this talk on the eighteenth century Anglo-Jewish community, our member, Jeremy Smilg will challenge your concept of Britain as a tolerant nation, discussing how eighteenth century Jews dealt with anti-semitism in England.

### 20:00 – 21:45 Gateway to Judaism

Alyth's introduction to Judaism class, taught by Rabbi Josh with Jon Epstein. This Week: The role of Women in Jewish tradition.

## Friday 5 June

### 16:15 – 16:45 Kuddle Up Shabbat

Our monthly service for under 5s, a fun way to share the Jewish tradition with our youngest children. This month led by Cantor Cheryl.

### 18:30 – 19:30 Kabbalat Shabbat Service

Led by Rabbi Mark, Cantor Cheryl and the Alyth Youth Singers.

## Saturday 6 June – Volunteer Shabbat

### 9:15 – 10:15 Shiur: Volunteer Shabbat Pecha Kucha & Breakfast

We will hear from several volunteers about the volunteer work that they do and about the satisfaction they get from doing this work.

### 10:30 – 12:30 Classical Shabbat Service

Including the Bat Mitzvah of Elaine Miller, volunteers will be called up to the Torah as our way of saying thank you. Led by Cantor Cheryl with a sermon given by Simon Morris, CEO of Jewish Care.

### 11:00 – 12:15 Tefillah Laboratory: Super Tots – Are we there yet?

A special service for 0-5s and their parents or carers with Rabbi Mark and Cindy. We are going to go on a huge journey across the desert. How many times will Moses put up with you saying "Are we there yet?" Superhero costumes welcome!

## Alyth Webcam

The Alyth webcam is now live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services and can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

# This Week's Regular Activities

For more information about any of our regular activities happening this week please go to our new website at [www.alyth.org.uk](http://www.alyth.org.uk)

## Sunday

- Shacharit and Bagel Breakfast (09:00)

## Monday

- Alyth Toddler Group (09:30 – 11:30)

- Senior Club (14:00 – 16:00) This week: Jodie Beth Meyer entertains

- Monday Club (19:30 – 21:30)

## Tuesday

- Alyth Choral Society (20:00 – 22:00)

## Wednesday

- Kef Zone (16:00 – 17:30)

16:00 – 16:30 Drop in

16:30 – 17:00 Children's Choir or  
The Workshop

17:00 – 17:30 PACT with Upbeat Drama

- Alyth Children's Theatre (17:00 – 18:30)

- Alyth Youth Singers (18:45 – 20:00)

## Thursday

- Mellow Yoga for All Ages (11:00 – 12:00)

- Talmud class (13:00 – 14:15)

- Bridge@Alyth (14:00 – 16:30)

## Friday

- Ruach Erev Shabbat (16:15 – 19:30)

## Saturday

- Synagogue Choir Rehearsal (09:15 – 10:00)

## Sunday

- Sunday Shacharit & Bagel Breakfast (09:00 – 10:00)

- Sunday Morning Galim (10:00 – 12:45)

- Singing for Pleasure (15:00 – 17:00)

- Sunday Bridge (19:30 – 22:00)

# Dates for your Diary

## Friday 12 June

### 17:15 – 18:15 Anat Hoffman: Israel Up to the Minute

For many years Anat Hoffman, Executive Director of the Israel Religious Action Center, has been at the forefront of campaigns to preserve and restore Israel's values of acceptance and opportunity for all. Come and hear her inspiring story. Anat will give the D'var Torah in the Kabbalat Shabbat service.

### Saturday 13 (19:00) & Sunday 14 June (15:00 & 19:00)

#### Alyth Children's Theatre Show: Alice in Wonderland

Let the Alyth Children's Theatre transport you into the magical world of Alice in Wonderland with a musical based on the 1951 Disney film and Lewis Carroll books. Contact [viv@alyth.org.uk](mailto:viv@alyth.org.uk) for tickets which cost £10 (adults) £3 (concessions).

## Sunday 21 June

### 15:30 – 17:30 Bereaved Partners Support Group

Are you suffering the loss of a partner or spouse? If so please join Rabbi Maurice Michaels and Lynette Sunderland and others in the same situation to discuss your sense of loss and how such a group can offer you support. Contact [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) for more information.

## Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Connie Freedman** and her family on the occasion of her becoming Bat Mitzvah and reading Torah with her community for the first time.

**David Baker** on celebrating his 65<sup>th</sup> birthday.

**John Marks** on celebrating his 90<sup>th</sup> birthday.

### On this Shabbat we join our thoughts with those who are mourning the deaths of:

**Anita Shore**, wife of Peter Shore, mother of Graham and Howard Shore.

**Yehuda Weirba**, father of Kay Weirba.

### We wish good memories to those marking the anniversary of the death of a loved one:

**Miriam Abramoff**, mother of Gloria Abramoff, Josephine Elias and Lilian Cordell

**Arnold Chazen**, father of Lynette Sunderland and Debbie Chazen

**Dawne Cooper**, wife of Richard Cooper, mother of Adam Cooper and Louise Cooper

**Bernard Ereira**, father of Judy Smith, Alan Ereira and David Ereira

**David Jacobs**, father of Corinne Goodman

**Arthur Kay**, father of David Kay

**Tilly Kutchinsky**, sister of Frank Curtis

**Ben Radley**, father of Lawrence Radley

## Contact Us

**Lynette Sunderland** *Director of Welfare and Life Cycle*  
lynette@alyth.org.uk  
020 8457 8793

**Adam Martin** *Community Director*  
adam@alyth.org.uk  
020 8457 8789

## Song Supplement for Erev Shabbat

### Hashkiveinu

הַשְּׁפִיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֲמִידֵנוּ מִלְּכָנּוּ לְחַיִּים

*Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim*

Spread the shelter of Your peace over us  
Guide us in wisdom, compassion and trust

Save us for the sake of Your name  
Shield us from hatred, sorrow and pain

## Haftarah for Shabbat Naso

1 Kings 8:54-63

*In this week's Torah portion we hear the Priestly Blessing and read about the consecration of the Tabernacle in the wilderness. Our Haftarah is Solomon's blessing of the people at the dedication of the Temple in Jerusalem.*

Now as Solomon finished offering all this prayer and plea to the Eternal, he arose from before the altar of the Eternal, where he had knelt with hands outstretched toward heaven.

And he stood and blessed all the assembly of Israel with a loud voice, saying, "Blessed be the Eternal who has given rest to the people Israel, according to all that God promised. Not one word has failed of all this good promise, which Adonai spoke by Moses, God's servant.

The Eternal our God be with us, as God was with our ancestors. May Adonai not leave us or forsake us that our hearts may incline to God, to walk in all God's ways and to keep the commandments, the statutes, and the rules, which God commanded our ancestors.

Let these words of mine, with which I have pleaded before the Eternal, be near to the Eternal our God day and night, and may Adonai maintain the cause of God's servant and the cause of the people Israel, as each day requires, that all the peoples of the earth may know that the Eternal is God; there is no other.

Let your heart therefore be wholly true to the Eternal our God, walking in God's statutes and keeping the commandments, as at this day."

Then the king, and all Israel with him, offered sacrifice before the Eternal.

Solomon offered as peace offerings to the Eternal 22,000 oxen and 120,000 sheep. So the king and all the people of Israel dedicated the house of the Eternal.

## Alyth

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

Rabbi Mark Goldsmith  
Rabbi Josh Levy  
Cantor Cheryl Wunch  
Rabbi Maurice Michaels



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

