

# This Shabbat – 5 Sivan 5775

## Erev Shabbat

### 18:30 Erev Shabbat Service

*in the Beit Tefillah*

Led by Rabbi Mark, Cantor Cheryl and the Children's Choir.

Kiddush led by Amelia Da Costa

## Shabbat Morning

### Torah Reading: Parashat B'midbar

Numbers 3:40–4:6

Soncino p577

Plaut (old) p1041

Plaut (new) p909

### 09:15 – 10:15 Shiur: Torah for Today

*in the Library*

An in-depth look at the week's Torah portion with Cantor Cheryl.

### 10:30 Classical Service

*in the Beit Tefillah*

Led by Rabbi Mark.

The Torah portion will be read by Harry Taylor Valentine, Rabbi Mark and Janine Clements.

The Haftarah (Jeremiah 31:7-17) will be read by Dorothy Sefton-Green.

The sermon will be given by Rabbi Mark.

### 10:30 Kollot

*in the Youth Hall*

Our informal participatory minyan, mostly in Hebrew, chanted and sung.

Includes a supervised area for children.

The Shaliach Tzibbur will be Rabbi Josh.

The D'var Torah will be given by Margaret Harris.

The Torah portion will be read by Robert Weiner, Aviva Wiser and John Cohen.

The Haftarah is taken from Numbers Rabbah 6:3.

## Shabbat at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week.

At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone is able to pray and participate by thinking about the needs of those around you.

Together we make *Kiddush* (the prayer sanctifying the day) with wine and challah on both Erev Shabbat and Shabbat morning. We ask that you do not start eating until the blessings have been recited.

To help us to separate Shabbat from the rest of the week, we ask that you please switch off your mobile phone, and do not take photographs or smoke on the premises on Shabbat.

In making Shabbat special, we rely on the contribution of many of our members. Thank you to everybody who has helped this Shabbat, including our members' choirs, wardens, those who have set out flowers and *Kiddush*, and our volunteers on security duty.

**Shabbat shalom**

# This Week

## Friday 22 May

17:15 – 18:15 **Ruach Parents Session**

Taught by our clergy in parallel with the Ruach programme. This series is on Jewish Ethics. This week "The Ethics of Food" with Cantor Cheryl.

## Sunday 24 May

15:00 – 17:00 **Singing for Pleasure**

Viv will guide you through the vocal and musical requirements to enable you to have a great time singing. Contact viv@alyth.org.uk for more information.

## Monday 25 May

10:30 – 16:00 **Shavuot Ramble**

Join Viv and the Alyth Rambles for a Shavuot Ramble. Contact viv@alyth.org.uk for more information.

## Tuesday 26 May

08:30 – 09:15 **Alyth's Breakfast Kollel**

Start your day with Jewish learning. This series is taught by Rabbi Mark on the subject of What is Torah? Contact Rabbi Mark for more information.

## Wednesday 27 May

13:30 – 15:30 **News, Views, Coffee & Schmooze**

Join Lynette to discuss topical issues and stories over a cup of tea and some cake. Contact lynette@alyth.org.uk for more information.

## Friday 29 May

18:30 – 19:30 **Kabbalat Shabbat Service**

Led by Rabbi Josh.

19:30 – 21:30 **Shabbat B'Yachad**

Our Oneg Shabbat – an opportunity to share a Shabbat meal and sing songs. Food is provided. To book and arrange transport contact lynette@alyth.org.uk

## Saturday 30 May

10:30 – 12:30 **Classical Shabbat Service**

Including the Bat Mitzvah of Connie Freedman. Led by Rabbi Josh.

## Sunday 31 May

14:00 – 16:00 **Monthly Drop-in for Recent Refugees**

We welcome refugees recently arrived in the UK and offer them support and friendship in a warm and safe environment.

## Save the Date - Wednesday 3 June

20:00 – 21:30 **The Jew Bill of 1753**

In this talk on the eighteenth century Anglo-Jewish community, our member, Jeremy Smilg will challenge your concept of Britain as a tolerant nation, discussing how eighteenth century Jews dealt with anti-semitism in England.

# Regular Activities this Week

For more information about any of our regular activities happening this week please go to our new website at [www.alyth.org.uk](http://www.alyth.org.uk)

**Tuesday:** Alyth Choral Society (20:00 – 22:00)

**Thursday:** Mellow Yoga for All Ages (11:00 – 12:00);  
Talmud class (13:00 – 14:15); Bridge@Alyth (14:00 – 16:30)

## Alyth Webcam

The Alyth webcam is now live in the Beit Tefillah. Kabbalat Shabbat and Saturday morning services and can be viewed from our website. Participants in the service will be in view when at the reading desk and opening the Ark doors.

# Shavuot

## Erev Shavuot at the Sternberg Centre Saturday 23 May

**From 16:00 Mount Sinai Live!**

This is your chance to receive the 10 Commandments for real! A life size re-enactment of the giving of Torah at Mount Sinai. For children in Rec - Year 3 and Years 4 - 7 and their families.

**16:30 Kuddle-up Shavuot**

A special service for under 5s with Rabbi Josh and Rabbi Miriam Berger

**17:30 Seuda Shlishit**

We join together for a picnic tea - please bring a treat or two.

**18:30 Shavuot Service**

Led by the Alyth and FRS clergy teams

**19:30 Supper**

**From 20:15 Tikkun Leyl Shavuot**

An evening of study and song looking at aspects of the Bible – how we understand it, and how it helps us to understand the world.

**20:15 - 21:00 Session 1: Understanding the origins of the Bible to understand the people of the Book**  
(With Dr Francesca Stavrakopoulou)

**21:10 - 21:55 Session 2: Choice of Five sessions**

- Eicha: Understanding Disaster (With Rabbi Dr Deborah Kahn-Harris)
- Shir Hashirim: Understanding Love (With Cantor Cheryl Wunch)
- Psalms: Poetry As Revelation (With Rabbi Howard Cooper)
- Exodus: The Importance of Place (With Robert Feather)
- Understanding the origins of the Bible continued: A discussion (With Dr Francesca Stavrakopoulou, Rabbi Miriam Berger and Rabbi Josh Levy)

**22:10 - 23:40 Session 3: The Great Bible Speed-Teach**

Take your place in the Old Synagogue as our clergy and guests have 12 minutes each to share a verse or text which helps them to understand the Bible, their Judaism or the world.

**23:40 - 00.05 Text and Tefillah over Midnight**

Rabbi Mark Goldsmith and Cantor Zoe Jacobs accompany you over midnight with text and song from the Tanakh

**From 00:30 Tikkun Leyl Shavuot - through the night**

Come to Finchley Reform Synagogue (Fallow Court Ave, N12) as we continue our Tikkun Leyl Shavuot through the night with study, song and poetry (bring your favourite to share). We'll finish after shacharit which begins at 04:30.

## Shavuot Morning Study & Services at Alyth Sunday 24 May

**09:15 – 10:15 Shavuot Breakfast Shiur**

Join Rabbi Josh to study over coffee and bagels as we discuss what the tablets looked like (and why it seems an obscure question, but really matters).

**10:30 – 12:30 Shavuot Classical Service**

Please note a 10:30 start as it is a Sunday so parking restrictions do not apply. Led by Cantor Cheryl. The sermon will be given by Dr Helena Miller

**11:00 – 12:00 Shavuot Family Service**

A family friendly Shacharit service with Rabbi Josh, before we join the community to hear the 10 Commandments and for a special Blessing of our Children, followed by a family kiddush.

## Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

### On this Shabbat we celebrate with:

**Harry Taylor Valentine** and his family on the occasion of his becoming Bar Mitzvah and reading Torah with his community for the first time.

**Amelia Da Costa** and her family on the occasion of her becoming Bat Mitzvah.

**Daniel Garsin** and **Emily Cook** and their families on the occasion of their Aufruf.

**Dorothy Sefton-Green** on celebrating her 80<sup>th</sup> birthday.

**Paul Alter** on celebrating his 50<sup>th</sup> birthday.

### On this Shabbat we join our thoughts with those who are mourning the deaths of:

**Elvira Ferdinand**, mother of Judy Russell.

**Ronald (Roy) Friedman**, father of Brian Friedman and Colin Friedman.

### We wish good memories to those marking the anniversary of the death of a loved one:

**Erwin Adler**, father of Renate Selo

**Selina Beigel**, mother of Helena Waller

**Raymond Cotten**, father of Naomi Cotten, Zoe Nahum and Donna Feldman

**Dorothy Daiches**, mother of Michael Daiches

**Leonne Freeman**, mother of Arlene Rose

**Jack Harris**, husband of Isabelle Harris, father of John Harris and Suzy Harris

**Charles Harry Harvey**, father of David Harvey

**Esther Langdon**, mother of Selina Gellert

**Walter Ledermann**, father of Jonathan Ledermann

**Montague Lipschitz**, father of Naomi Rubin

**Alfred Stern**, father of Ralph Stern

**Sam Twivy**, father of Paul Twivy

**Rosalyn Udow**, mother of Henry Udow

**Cecil Waller**, brother of Ian Waller

## Contact Us

**Lynette Sunderland** *Director of Welfare and Life Cycle*  
lynette@alyth.org.uk  
020 8457 8793

**Adam Martin** *Community Director*  
adam@alyth.org.uk  
020 8457 8789

## Counting the Omer

הַיּוֹם תִּשְׁעָה וְאַרְבָּעִים יוֹם שָׁהֵם שִׁבְעָה שָׁבוּעוֹת לְעֹמֵר:

*Hayom tisha v'arba'im yom shehem shivah shavuot la-omer.*

Today is the **forty-ninth** day, making **seven** weeks of the *Omer*.

## Haftarah for Shabbat B'midbar

**Jeremiah 31:7-17**

For thus says the Eternal:

7 "Sing aloud with gladness for Jacob, and raise shouts for the chief of the nations; proclaim, give praise, and say, 'O Eternal, save your people, the remnant of Israel.'

8 Behold, I will bring them from the north country and gather them from the farthest parts of the earth, among them the blind and the lame, the pregnant woman and she who is in labor, together; a great company, they shall return here.

9 With weeping they shall come, and with pleas for mercy I will lead them back, I will make them walk by brooks of water, in a straight path in which they shall not stumble, for I am a father to Israel, and Ephraim is my firstborn.

10 "Hear the word of the Eternal, O nations, and declare it in the coastlands far away; say, 'He who scattered Israel will gather him, and will keep him as a shepherd keeps his flock.'

11 For the Eternal has ransomed Jacob and has redeemed him from hands too strong for him.

12 They shall come and sing aloud on the height of Zion, and they shall be radiant over the goodness of the Eternal, over the grain, the wine, and the oil, and over the young of the flock and the herd; their life shall be like a watered garden, and they shall languish no more.

13 Then shall the young women rejoice in the dance, and the young men and the old shall be merry. I will turn their mourning into joy; I will comfort them, and give them gladness for sorrow.

14 I will feast the soul of the priests with abundance, and my people shall be satisfied with my goodness, declares the Eternal."

15 Thus says the Eternal: "A voice is heard in Ramah, lamentation and bitter weeping. Rachel is weeping for her children; she refuses to be comforted for her children, and the young men and the old shall be merry. I will turn their mourning into joy; I will comfort them, and give them gladness for sorrow.

16 Thus says the Eternal: "Keep your voice from weeping, and your eyes from tears, for there is a reward for your work, declares the Eternal, and they shall come back from the land of the enemy.

17 There is hope for your future, declares the Eternal, and your children shall come back to their own country.

## Alyth

North Western Reform Synagogue  
Alyth Gardens, NW11 7EN  
www.alyth.org.uk  
mail@alyth.org.uk  
020 8455 6763

Rabbi Mark Goldsmith  
Rabbi Josh Levy  
Cantor Cheryl Wunch  
Rabbi Maurice Michaels



# Alyth

To pray, to learn, to live. Together.



### Welcome to Alyth

We are delighted that you are with us this Shabbat, whether you are a regular or joining us for the first time.

If we can help you in any way please do not hesitate to speak with one of our Clergy, lay leaders or a member of the staff team. Shabbat Shalom.

